

Biometric Screening Scheduler

Start at Vitality:

- Go to www.powerofvitality.com and enter your user name and password.
- On Home Page, click LEARNING CENTER on the top navigation bar and click GUIDE TO VITALITY
- Under VITALITY POINTS click VITALITY CHECK
- Under QUICK LINKS click QUEST (U.S.) OR CRL (CANADA)

If you have not yet registered for Vitality:

Go to www.powerofvitality.com.

On the Home Page, click on REGISTER TODAY! and follow the prompts.

You will be asked to take your Vitality Health Review (VHR). You may bypass this for now and click EXPLORE THE WEBSITE.

Quest (For US-based users)

- On the Quest Registration page, check the box and click CONTINUE
- Enter your information and click REGISTER
- On the Welcome screen, click GET STARTED and then SCHEDULE NOW
- To schedule your screening:
 - Click AT AN EVENT for an on-site screening
 - Click PATIENT SERVICE CENTER to visit your local Quest

CRL (For Canada-based users)

- On the CRL RSVP page, click SHOW TIMES for on the date and location desired
- Click SIGN UP next to the time desired
- In the EMAIL field at the bottom, enter your email address and click CONFIRM