

# Rain or shine: BW's benefits have you covered.

**NEW** FREE & ELECTED BENEFITS INSIDE.

2020 YOUilities Handbook



BECOME YOUR BEST YOU!

# BARRY-WEHMILLER BENEFITS AT-A-GLANCE

**FREE BENEFITS**  
Compliments of Barry-Wehmiller

**ELECTED BENEFITS**  
Choose the best for YOU

For information about...	Go to...	Special notes...	Call   E-mail...	Page #
Overview	<a href="http://www.bwwellbeing.com">www.bwwellbeing.com</a>	N/A	<a href="mailto:bwwellbeing@barry-wehmiller.com">bwwellbeing@barry-wehmiller.com</a>	2
Vitality	<a href="http://www.powerofvitality.com">www.powerofvitality.com</a>	To register: Team member's SSN needed	877.224.7117   <a href="mailto:wellness@powerofvitality.com">wellness@powerofvitality.com</a>	4
Weight Loss	<a href="http://www.welcome.livongo.com/BARRYWEHMILLER">www.welcome.livongo.com/BARRYWEHMILLER</a>	Registration Key: BARRYWEHMILLER	800.945.4355	6
Prediabetes and Diabetes Management				
Counseling Resources	<a href="http://www.guidanceresources.com">www.guidanceresources.com</a>	Click: Register > Organization Web ID: BWC4U	US: 800.272.7255, Canada: 866.641.3847	6
Personal Health Coaching	<a href="http://www.mybwbenefits.com">www.mybwbenefits.com</a>	Personal login information	855.576.9816	6
Tobacco Cessation				
<b>Hearts to Hands Relief Fund</b>	<a href="http://www.barrywehmiller.com/hearts-to-hands">www.barrywehmiller.com/hearts-to-hands</a>	N/A	314.588.8200   <a href="mailto:heartstohands@stgives.org">heartstohands@stgives.org</a>	7
<b>Marjorie E. Chapman Memorial College Scholarships</b>	<a href="http://www.myscholarshipcentral.org">www.myscholarshipcentral.org</a>	Click: Apply Now Scholarship Central > search Marjorie	314.588.8200   <a href="mailto:scholarships@stgives.org">scholarships@stgives.org</a>	7
<b>Basic Life, AD&amp;D and Disability Insurance</b>	<a href="http://www.mylincolnportal.com">www.mylincolnportal.com</a>	Click: Register > Company Code: BARRY-WEHMILLER	888.287.8494	8
<b>Business Travel Program</b>	<a href="http://www.concursolutions.com">www.concursolutions.com</a>	N/A	855.850.8193	9
<b>Business Travel Security Services</b>	N/A	N/A	Your BW Travel Team representative	9
<b>Business Travel Accident and Out-of-Country Medical Insurance</b>	<a href="http://www.aigbenefits.com/travelassist">www.aigbenefits.com/travelassist</a>	Barry-Wehmiller Policy Number: 9112715	US: 877.244.6871 Outside US: 715.346.0859   <a href="mailto:assistance@aig.com">assistance@aig.com</a>	9
<b>MyQHealth</b>	<a href="http://www.mybwbenefits.com">www.mybwbenefits.com</a>	Personal login information	855.576.9816	10
Plan Decision Support	<a href="http://www.mybwbenefits.com">www.mybwbenefits.com</a>	Personal login information	855.576.9816	12
Plan Participant Support				
Teladoc Telehealth Service	<a href="http://www.teladoc.com">www.teladoc.com</a>	To register: Member Login > Get Started	800.835.2362	15
Second Medical Opinion	<a href="https://members.bestdoctors.com">https://members.bestdoctors.com</a>	To register: United States > Create a Profile	866.904.0910	15
Delta Dental of Missouri PPO	<a href="http://www.deltadentalmo.com">www.deltadentalmo.com</a>	Personal login information	800.335.8266	20
Cigna Dental HMO	<a href="http://www.mycigna.com">www.mycigna.com</a>	Personal login information	800.244.6224	20
EyeMed Select Network	<a href="http://www.eyemed.com">www.eyemed.com</a>	Personal login information	866.939.3633	21
<b>401(k) Retirement Savings Plan</b>	<a href="http://www.transamerica.com/porta/bw">www.transamerica.com/porta/bw</a>	To register: Team member's SSN needed	800.755.5801	23
Flexible Spending Accounts	<a href="http://www.taben.com">www.taben.com</a>	To register: Taben Flex—Navia Platform > Consumer Portal > Register > I'm a Participant > Three-Digit Code: BAM	855.576.9816	24
Health Savings Account	<a href="http://www.mybwbenefits.com">www.mybwbenefits.com</a>	Personal login information	855.576.9816	24
<b>Supplemental Life, AD&amp;D and Disability Insurance</b>	<a href="http://www.mylincolnportal.com">www.mylincolnportal.com</a>	Click: Register > Company Code: BARRY-WEHMILLER	888.287.8494	26
Legal Services	<a href="http://www.legalplans.com">www.legalplans.com</a>	Access Code: GetLaw	800.821.6400	27
Voluntary Benefits	N/A	N/A	Before enrollment: 888.816.7768, After enrollment: 800.635.5597	27

 = Contact MyQHealth for detailed support!

Still don't know where to go? Contact MyQHealth at 855.576.9816.

## Free Benefits — Compliments of Barry-Wehmiller

- 4... Vitality
- 6... Personal Health Coaching
- 6... Counseling Resources
- 6... Weight Loss
- 6... Prediabetes and Diabetes Management
- 6... Tobacco Cessation
- 7... Hearts to Hands Relief Fund
- 7... Marjorie E. Chapman Memorial College Scholarships
- 8... Life and AD&D Insurance
- 8... Short- and Long-Term Disability Insurance
- 9... Business Travel Program
- 9... Business Travel Security Services
- 9... Business Travel Accident Insurance
- 9... Out-of-Country Medical Insurance

## MyQHealth — Extra Support for YOU

- 10... MyQHealth for ALL Team Members
- 11... MyQHealth for BW Medical, Dental and/or Vision Enrollees

## Elected Benefits — Choose the Best for YOU

- 12... Medical Plan Options
- 13... Enrollment Overview
- 14... OptumRx Home Delivery Pharmacy
- 14... Specialty Pharmacy
- 14... Laboratory Services
- 15... Teladoc Telehealth Service
- 15... Second Medical Opinion
- 16... Medical Plan Comparison
- 18... Medical Plan Premiums
- 19... Better You Incentive
- 20... Dental Plan Options
- 21... Vision Plan Option
- 22... Dental and Vision Premiums
- 23... 401(k) Retirement Savings Plan
- 24... Tax-Advantaged Account Options (HSA and FSA)
- 26... Supplemental Life and AD&D Insurance
- 26... Supplemental Long-Term Disability Insurance
- 27... Legal Services
- 27... Voluntary Benefits (Short-Term Disability, Group Illness and Accident, and Whole Life)

## Appendix

- 28... Preventive Drug List  
(for HSA and HSA BASIC Participants Only)
- 35... Preventive Screenings Chart
- 36... Legal Notices
- 44... Travel Assist ID Card

Rain or shine, we've got you covered with plenty of **FREE** resources and **ELECTED** benefits, all meant to encourage you on your personal wellbeing journey. Don't take a raincheck: Spend a few moments **NOW** exploring BW's **2020 YOUutilities Handbook**, and discover **NEW** programs and **CONTINUING** support to help you become your best **YOU.**



YOUutilize  
This

**HAVE YOU CHECKED OUT  
bwellbeing.com LATELY?**

ALL team members and spouses can access the site anytime, anywhere, and learn more about **FREE** programs and company initiatives that can invigorate your personal wellbeing journey!

**NEW IN 2020!** MyQHealth by Quantum Health, BW's new personal healthcare advocate (replacing Compass Professional Health Services), will help ALL BW team members and their families get the right care at the right time.



**Got healthcare  
Questions?**  
MyQHealth has YOU covered.

**FREE for ALL team members,  
regardless of BW elections:**

- Find a provider
- Cost transparency help
- BW medical plan decision support
- Personal health coaching (p. 6)
- Tobacco cessation support (p. 6)

**For BW medical, dental and/or  
vision enrollees:**

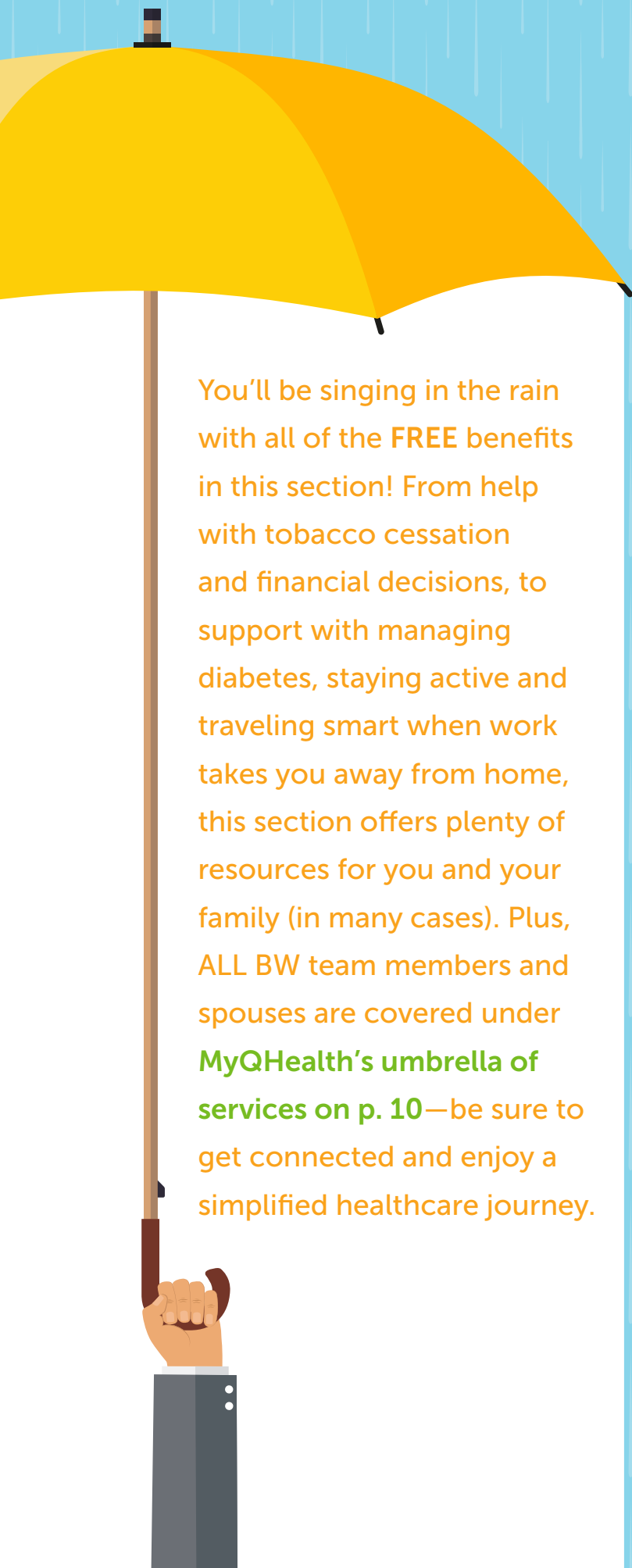
- Everything available for ALL team members (see left)
- Nurse support
- Billing/claims reconciliation
- Case management and disease/chronic condition management
- Early Steps Maternity
- MyQHealth Health Track

To access MyQHealth's services, ALL team members *must* complete the MyQHealth Get Connected process:

1. Visit [www.mybwbenefits.com](http://www.mybwbenefits.com) and click Register with e-mail.
2. Enter your personal information and click Submit > Return to Login.
3. Check the e-mail account you provided when registering, and look for the MyQHealth – Registration Confirmation e-mail for your temporary password.
4. Login to your MyQHealth account and click My Plan > Primary Doctor.
5. Enter your primary doctor's information and click Search Primary Doctor.
6. Once you have found the provider you wish to designate as your primary doctor, click Assign.
  - a. If you can't find your primary doctor in the list, click Can't find your doctor?
  - b. Enter your personal contact information and click Submit for a care coordinator to assist you.

**SEE P. 10-11  
FOR DETAILS!**

Wherever there's a  in this handbook, call MyQHealth at 855.576.9816 or go to [www.mybwbenefits.com](http://www.mybwbenefits.com) for detailed support!



You'll be singing in the rain with all of the **FREE** benefits in this section! From help with tobacco cessation and financial decisions, to support with managing diabetes, staying active and traveling smart when work takes you away from home, this section offers plenty of resources for you and your family (in many cases). Plus, **ALL BW team members and spouses are covered under MyQHealth's umbrella of services on p. 10**—be sure to get connected and enjoy a simplified healthcare journey.



Vitality

FOR SPOUSES, TOO

Free to ALL BW team members and spouses in the US and Canada, Vitality is designed to inspire, educate and assist you in making healthy choices and adopting healthy behaviors. The Vitality program year mirrors our fiscal year, beginning on October 1 and ending on September 30.

Vitality supports team members in achieving household wellness, knowing that each spouse's wellbeing has a meaningful impact on the other. As such, all Vitality accounts are household accounts—if you have a spouse, you earn Vitality points together and share one status per household.

### Who should register for Vitality?

ALL BW team members and spouses in the US and Canada should register for Vitality, regardless of medical elections.

### Why should I register for Vitality?

Increasing energy, maintaining a healthy weight, feeling great and reducing your risk of chronic disease are significant benefits of actively engaging with Vitality. Added incentives include the following:

- Vitality Bucks, redeemable for Amazon gift cards, merchandise and more
- \$75 Vitality Mall coupon per person to apply toward a fitness device after completing a FREE biometric screening and online Vitality Health Review (VHR) for the first time
- Annual health club rebates up to \$400 per person (for team members *plus* spouses)
- Wellness rebates up to \$200 for completion of tobacco-cessation or weight-reduction programs

## How Can I Earn Vitality Points?

Vitality points are earned by participating in activities in different categories, such as:

- **Healthy Measures:** Non-tobacco user and in-range BMI, cholesterol, blood pressure and glucose (all measured at your FREE, confidential biometric screening)
- **Physical Activity:** Steps/day, workouts, athletic events and BW-sponsored events
- **Education:** Online health assessments, nutrition courses, CPR certification and first aid certification
- **Prevention:** Physical, age/gender-appropriate screenings (p. 35), dental screening and flu shot
- **BW-Sponsored Activities:** Health coaching (p. 6), prediabetes and diabetes management programs (p. 6), weight management program (p. 6), tobacco cessation program (p. 6) and special wellbeing events

**1 Vitality Point =  
1 Vitality Buck to Spend on Vitality Rewards**

## What happens after I register?

First-time users must activate their membership by completing the VHR—an easy, 10-minute assessment of current health and habits. Completing the VHR allows Vitality to best support you in achieving your health goals.

## How do I unlock the annual Vitality health club rebate?

It's easy! Complete and log 80 verified standard and/or advanced workouts during the program year by checking in at your gym on the Vitality Today app and/or tracking your workouts with a Vitality-approved device or linked app. Once you have completed your workout requirement and accrued your maximum potential for reimbursement, along with proof of payment to your health club, login to Vitality and click Rewards > Wellness Rebates. Your rebate (up to \$400 per person per year) will be directly deposited into your bank account.

## Who has access to the personal information I submit online to Vitality?

Vitality is completely confidential. All personal information is protected by the Health Insurance Portability and Accountability Act (HIPAA).

## What is Vitality status and how is it determined?

Your Vitality status is determined by the number of Vitality points that you earn during the program year. If you have a spouse, you earn points together and share one status for your household. There are four Vitality status levels (bronze, silver, gold and platinum), and the more points you earn, the higher your status. When you achieve a higher status, you earn Vitality Bonus Bucks!

Call: 877.224.7117

Click: [www.powerofvitality.com](http://www.powerofvitality.com)

Download the free Vitality Today app on any smartphone

To register: Team member's SSN needed



YOUtilize  
This

## WHAT CAN I DO ON MY MOBILE DEVICE IN THE VITALITY TODAY APP?

After downloading the Vitality Today app, you can:

- Take the Vitality Health Review (VHR) and see your results
- Check in to gyms via GPS
- Submit evidence of completed activities
- Set and activate goals





## Personal Health Coaching



FOR SPOUSES, TOO

MyQHealth's FREE Personal Health Coaching connects you with an educated and certified health professional who can help you achieve your personal health goals. Whether you want to improve your nutrition, exercise more, learn to cope with stress or lose that last five pounds, your coach will personalize a plan and help you reach your goal. Even if you're not ready for a change but want to learn more, your health coach will help you decide what's best for you.

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)



## Weight Loss

FOR SPOUSES, TOO

For team members and spouses with a body mass index (BMI) of 27 or higher, Livongo cuts through the confusion and provides actionable, personalized, 24/7 support. With a coaching team backed by a clinically proven curriculum, along with an easy-to-use app and FREE cellular scale, the program promotes weight loss and better health through nutrition, activity, motivation, sleep and stress management.

Call: 800.945.4355

Click: [www.welcome.livongo.com/](http://www.welcome.livongo.com/)

BARRYWEHMILLER

Registration Key: BARRYWEHMILLER



## Counseling Resources— Personal, Legal, Financial

FOR SPOUSES & KIDS, TOO

Guidance Resources connects you with licensed professionals who provide FREE confidential counseling, legal and financial services. The program also includes access to comprehensive online resources to assist you with many different concerns that can impact wellbeing.

Call: 800.272.7255 (US), 866.641.3847 (Canada)

Click: [www.guidanceresources.com](http://www.guidanceresources.com)

Register > Organization Web ID: BWC4U



## Prediabetes and Diabetes Management

FOR SPOUSES, TOO

Whether you are newly diagnosed or have been living with prediabetes or diabetes, Livongo's highly educated coaches provide individualized guidance during 24/7 live interventions and scheduled sessions. Program participants receive FREE diabetes supplies, as well as access to the app and other connected technology, to improve health outcomes while saving money.

Call: 800.945.4355

Click: [www.welcome.livongo.com/](http://www.welcome.livongo.com/)

BARRYWEHMILLER

Registration Key: BARRYWEHMILLER



## Tobacco Cessation



FOR SPOUSES, TOO

MyQHealth's FREE tobacco cessation program can help you get tobacco-free at your own pace. Over a minimum of five weeks, your dedicated coach will:

- Connect one-on-one with you during five coaching sessions
- Create a personalized plan to help you meet your goals
- Access important resources you need to succeed
- Show you how to receive FREE medications and nicotine replacements to increase your chances of reducing or quitting tobacco

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)



YOU utilize  
This

### DID YOU KNOW?

You can earn Vitality Points for participating and/or completing the programs on this page! Visit [www.powerofvitality.com](http://www.powerofvitality.com) > Points Planner > Coaching and Lifestyle Guidance for details.



## Hearts to Hands Relief Fund

Launched in 2012, the Hearts to Hands Relief Fund provides grants to team members who are experiencing financial hardship caused by an unforeseen or extreme situation or disaster. These grants are made possible by donations from Barry-Wehmiller Group Inc.'s and its subsidiaries' and affiliates' team members, and their purpose is to cover basic living needs during times of extreme hardship. Team members can qualify for grants up to \$1,000.

### Who qualifies for a grant?

US-based team members and retirees of Barry-Wehmiller Group Inc. and its subsidiaries and affiliates who have experienced significant financial hardship due to a qualifying event within the past 90 days may be eligible. Qualifying events outside of the 90-day period with extenuating circumstances will also be considered.

### What qualifies as an unforeseen or extreme situation or disaster?

The following events qualify when they affect your ability to pay for basic living expenses:

- A natural disaster (flood, earthquake, wildfire, tornado, etc.) that has affected your primary residence
- A serious illness or injury (team member or immediate family member—spouse, child or parent)
- A death (team member or immediate family member), with related loss of income, funeral expenses or uninsured medical expenses
- Catastrophic or extreme circumstances (fire, robbery, assault, domestic abuse, etc.)

### How can I donate to the Hearts to Hands Relief Fund?

To donate, download a pledge card from the website listed and submit to your local program coordinator. Donations can be made through tax-deductible payroll deduction, cash, check or credit card. In addition, you may see special fundraising events at your location throughout the year.

### How do I apply for a grant?

Go to [www.barrywehmiller.com/hearts-to-hands](http://www.barrywehmiller.com/hearts-to-hands) and complete the Hearts to Hands Relief Fund application. All Hearts to Hands Relief Fund applications are anonymous, and applicant information is confidentially submitted to the Greater Saint Louis Community Foundation, administrator of the program.

Call: 314.588.8200

Click: [www.barrywehmiller.com/hearts-to-hands](http://www.barrywehmiller.com/hearts-to-hands)



## Marjorie E. Chapman Memorial College Scholarships

Marge Chapman, the late mother of BW CEO Bob Chapman, was able to attend college, thanks to a local banker in her tiny Iowa hometown. She never forgot his generosity.

Starting in 2019, her estate began a college scholarship program—administered by the Greater Saint Louis Community Foundation—which accepts applications from the dependent children of current team members of Barry-Wehmiller Group Inc. and its subsidiaries and affiliates.

Eligible dependent students who will be or are enrolled full-time for the upcoming academic year at a two- or four-year nonprofit college, university or trade school in the United States or Canada may apply for the following scholarship opportunities:

- **Marjorie E. Chapman Memorial Need-Based Scholarship:** Renewable scholarships range from \$1,000 to \$8,000 based on unmet financial need.
- **Marjorie E. Chapman Memorial "Everybody Matters" Essay Scholarship:** Up to 10 \$5,000 nonrenewable scholarships are available each academic year; topic may vary.

The application window opens January 1 and closes April 15 each year.

Call: 314.588.8200

Click: [www.myscholarshipcentral.org](http://www.myscholarshipcentral.org)  
[Apply Now Scholarship Central > search Marjorie](#)



## Life and Accidental Death & Dismemberment Insurance

At no cost to you, Barry-Wehmiller provides several forms of insurance as a safety net for you and your loved ones. Company-paid insurance includes the following:

Coverage	Benefit
Team Member Life	2x team member base salary (maximum \$250,000)
Team Member AD&D	2x team member base salary (maximum \$250,000)
Dependent Life Spouse	\$2,500
Dependent Life Child(ren) (14 days–26 years old)	\$1,000

*Note: If you would like to purchase additional life and AD&D insurance for yourself and/or your dependents, see Supplemental Life and AD&D Insurance on p. 26 in the Elected Benefits section. For more information on the benefit reduction schedule at age 70, call MyQHealth at 855.576.9816 or visit [www.mybwbenefits.com](http://www.mybwbenefits.com).*

Call: 888.287.8494

Click: [www.mylincolnportal.com](http://www.mylincolnportal.com)  
Register > Company code:  
BARRY-WEHMILLER

## Short- and Long-Term Disability Insurance

At no cost to you, Barry-Wehmiller provides:

- **Short-Term Disability Insurance:** If you cannot work due to a non-work-related illness or injury, this benefit pays 100% of your base pay for the first six weeks and then 60% for up to an additional 20 weeks.
- **Long-Term Disability Insurance:** If you are unable to return to work after 26 weeks of short-term disability, this benefit pays 60% of your base pay up to \$1,500/month.

See a CPD representative for additional details.

*Note: If you would like to purchase additional short- or long-term disability insurance for yourself, see Voluntary Benefits (p. 27) and Supplemental Long-Term Disability Insurance (p. 26) in the Elected Benefits section.*

Call: 888.287.8494

Click: [www.mylincolnportal.com](http://www.mylincolnportal.com)

Register > Company code:  
BARRY-WEHMILLER



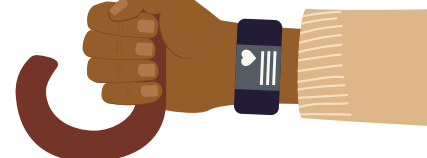
### LEARN THE LANGUAGE

#### Life Insurance

- Pays a designated beneficiary a set amount of money in the event of the death of the covered individual

#### AD&D (Accidental Death & Dismemberment) Insurance

- Pays a designated beneficiary a set amount of money when the covered individual is involved in an accident resulting in death or loss of certain body parts
- Provides a benefit over and above what the beneficiary would receive from a normal life insurance policy





## Business Travel Program

BW's business travel program offers these benefits:

- **Concur Solutions online travel booking tool:** Provides a 24/7 one-stop travel shop, customized with our preferred partners and discounts for air, car and hotel. All air and hotel reservations are monitored, so if a fare or rate decreases, your reservations will be rebooked at the lower price! Benefits include the following:
  - Delta, Southwest and United discounts
  - Discounted rates on National and Enterprise rentals, with an automatic upgrade to Emerald Club status and rental insurance included
  - Discounts at 200+ hotels
- **Travel Leaders travel agency:** Offers 24/7 emergency service, unused ticket tracking and personal assistance with travel arrangements. As needed, agents can also leverage our discounts to assist you with personal travel.
- **Preferred parking program with the Parking Spot (where available)**

Get started by creating a Concur Solutions travel profile online at <https://bw1.sharepoint.com/sites/BWHome/Travel>. Then, be sure to use the site below for ALL of your business travel needs!

**Call: 855.850.8193**

**Click: [www.concursolutions.com](http://www.concursolutions.com) (after creating a travel profile; see above)**



## Business Travel Security Services

Stabilitas' Care Premium services for business travelers include:

- Pre-travel e-mail advisories for trips to high-risk destinations
- E-mail notifications for incidents near locations in your itinerary
- Crisis alerts and easy access to the BW Travel Team during your trip (via the Stabilitas Go app)

To take full advantage of this safety resource, book all business trips via Travel Leaders/the online SAP Concur booking tool (ensure the contact details in your travel profile are updated) and install the Stabilitas Go app on your mobile device after receiving your e-mail invitation to do so.

**Call: Your BW Travel Team representative**



## Business Travel Accident Insurance

This coverage includes a benefit up to \$300,000, separate from the company-paid life and accidental death & dismemberment (AD&D) benefit (p. 8), in the event of your accidental death or dismemberment while on business travel. In addition, this coverage provides you with valuable travel resources when you are traveling nationally or internationally for 365 days or less (some countries excluded; visit [www.bwwellbeing.com](http://www.bwwellbeing.com) and click BW Benefits – US for a list of excluded countries, and contact CPD to add special coverage). Resources include but are not limited to the following:

- Emergency medical evacuation transportation assistance
- Emergency prescription replacement
- Dispatch of doctor or specialist
- Roadside assistance
- Lost baggage, passport or travel document assistance
- Emergency telephone interpretation assistance
- Embassy or consulate referral
- Currency conversion or purchase

Please detach and carry the ID card on p. 44 when you travel!

**Call: 877.244.6871 (US), 715.346.0859 (outside US)**

**Click: [www.aigbenefits.com/travelassist](http://www.aigbenefits.com/travelassist)**

**Policy Number: 9112715**



## Out-of-Country Medical Insurance

If, while traveling on business outside of your country of permanent residence for less than 365 days, you suffer an injury or contract an illness that requires you to be treated by a physician, this coverage will pay the usual and customary charges for covered medical services received up to \$300,000. This coverage is secondary to any private or social plan coverage.

Please detach and carry the ID card on p. 44 when you travel!

**Call: 877.244.6871 (US), 715.346.0859 (outside US)**

**Click: [www.aigbenefits.com/travelassist](http://www.aigbenefits.com/travelassist)**

**Policy Number: 9112715**



MyQHealth

FOR SPOUSES, TOO

As healthcare has gotten more complex, MyQHealth by Quantum Health simplifies your personal healthcare journey. A knowledgeable, independent advocate, MyQHealth provides you with a guided healthcare experience that helps you get the right care at the right time.

BW's dedicated MyQHealth care coordination team of specialists and nurses partner with our various benefits resources, offering you a single point of contact—via phone, e-mail or chat from 8:30 a.m. to 10 p.m. EST, Monday to Friday—for confidential, compassionate support.

The following MyQHealth services are FREE for ALL team members and spouses, regardless of BW elections:

- **Find a provider:** MyQHealth can connect you with highly rated, cost-effective doctors.
- **Cost transparency help:** Let MyQHealth provide pricing estimates for procedures, medications and other health services, and reduce your out-of-pocket expenses.
- **BW medical plan decision support:** MyQHealth can review BW medical plan offerings and help you decide what is right for you.
- **Personal health coaching:** Whether you want to improve your nutrition, exercise more, learn to cope with stress or lose that last five pounds, your MyQHealth coach will personalize a plan and help you reach your goal (p. 6).
- **Tobacco cessation support:** Work with a dedicated MyQHealth coach and get access to FREE medications and nicotine-replacement products to go tobacco-free at your own pace (p. 6).

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)

### To access MyQHealth's services, ALL team members *must* complete the MyQHealth Get Connected process:

1. Visit [www.mybwbenefits.com](http://www.mybwbenefits.com) and click Register with e-mail.
2. Enter your personal information and click Submit > Return to Login.
3. Check the e-mail account you provided when registering, and look for the MyQHealth – Registration Confirmation e-mail for your temporary password.
4. Login to your MyQHealth account and click My Plan > Primary Doctor.
5. Enter your primary doctor's information and click Search Primary Doctor.
6. Once you have found the provider you wish to designate as your primary doctor, click Assign.
  - a. If you can't find your primary doctor in the list, click Can't find your doctor?
  - b. Enter your personal contact information and click Submit for a care coordinator to assist you.



### DID YOU KNOW?

With the FREE MyQHealth – Care Coordinators app, you have 24/7 access to on-the-go healthcare support. After you complete the MyQHealth Get Connected process, download the app from the Apple App Store or Google Play, login to your account and explore!





For BW medical, dental and/or vision enrollees, MyQHealth by Quantum Health provides additional individualized services to help you and your family get the most out of your medical and prescription drug benefits. MyQHealth, in partnership with UMR, serves as the plan administrator for BW medical plans (all of which use the UnitedHealthcare Choice Plus network of doctors and hospitals), which means that BW's dedicated team of MyQHealth care coordinators can advocate for you, and organize and simplify your medical and prescription benefits.

In addition to the services on p. 10, the following benefits are included for covered team members and spouses:

- **Nurse support:** MyQHealth nurses can help you connect with resources, acquire specialist referrals and prepare for any upcoming procedures, and they will follow up with you after doctor appointments and hospital stays.
- **Billing/claims reconciliation:** MyQHealth can help ensure your bills are accurate, so you don't overpay.
- **Case management and disease/chronic condition management:** A Personal Care Guide nurse serves as a case manager to support you and your family holistically, eliminating the silos of chronic and acute care management when you need multiple services from multiple providers.
- **Early Steps Maternity:** Throughout your pregnancy and after you give birth, nurses provide guidance to help keep you and your baby healthy.
- **MyQHealth Health Track:** MyQHealth will e-mail you a list of recommended screenings/exams (p. 35) that can help you stay on track—completing these is a requirement to earn the Better You Incentive (p. 19).

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)

## Real-World Examples of How MyQHealth Care Coordinators Help

*An individual received services from an out-of-network provider, and contacted MyQHealth for help when discussing payment. The provider's office was dismissive and noted that the individual had signed a waiver to make payment.*

**The care coordinator successfully advocated for the individual's rights, and the provider wrote off \$2,200 in charges.**

*A nurse care coordinator followed up with an individual after a hospital stay, and discovered that a beta blocker had been prescribed at discharge, even though the individual was already taking one.*

**The nurse care coordinator and a MyQHealth pharmacist brought the error to the attention of the treating physician, who advised the individual to stop taking the extra medication, preventing a life-threatening situation.**



YOU utilize This

## HOW DO I GET STARTED WITH MYQHEALTH?

To access these and all other MyQHealth services (p. 10), team members and covered spouses must complete the MyQHealth Get Connected process (required for BW medical enrollees once per lifetime to earn the Better You Incentive). See p. 10 for instructions.



When you're on cloud nine or a bit under the weather, the **ELECTED** benefits section is full of information and resources for you. Here, you'll find details about your medical, dental and vision insurance options, and if you enroll, **MyQHealth's umbrella of services on p. 11** offers additional coverage and support—be sure to get connected. Plus, learn all about BW's 401(k) plan, supplemental insurance options and more. For official plan documents, which govern in all cases, see your local CPD representative or visit [www.bwellbeing.com](http://www.bwellbeing.com).



## Medical Plan Options



We offer three medical plans administered by UMR in partnership with MyQHealth using the UnitedHealthcare Choice Plus network of doctors and hospitals: **PPO**, **Choice Fund HSA** and **Choice Fund HSA BASIC** (see Medical Plan Comparison on p. 16–17).

All plans offer the same provider network, 100% in-network coverage for preventive services and no lifetime benefit maximums. When you need medical care, you may visit any doctor you choose; contact MyQHealth (p. 10-11) for doctor recommendations. If you use in-network providers, you'll pay lower negotiated plan rates. In-network and out-of-network expenses accumulate independently of one another toward separate deductibles and out-of-pocket maximums.

With your enrollment in any Barry-Wehmiller medical plan, you gain access to these valuable resources for reducing your out-of-pocket costs and assisting you on your wellbeing journey:

- MyQHealth Programs and Support (p. 11)
- OptumRx Home Delivery Pharmacy (p. 14)
- Specialty Pharmacy (p. 14)
- Laboratory Services (p. 14)
- Teladoc Telehealth Service (p. 15)
- Second Medical Opinion (p. 15)
- Better You Incentive (p. 19)

MyQHealth Medical Plan Decision and Participant Support

Call: 855.576.9816

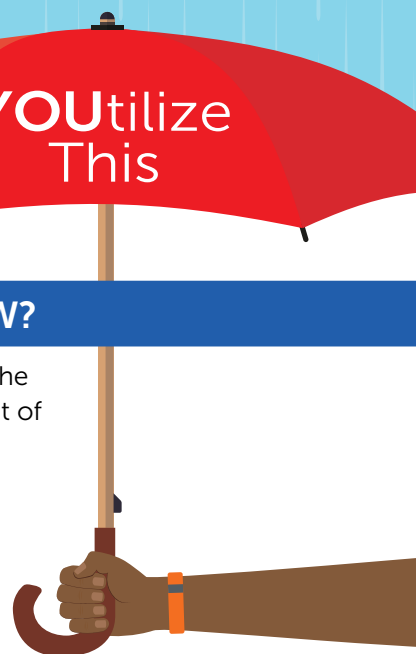
Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)



### DID YOU KNOW?

You can elect any of the following independent of one another:

- Medical
- Dental
- Vision





# Enrollment Overview

## Who is eligible to enroll in elected benefits?

If you are a regular, full-time team member working at least 30 hours per week, you are eligible to enroll. In addition, most of our benefits offer coverage for your eligible dependents:

- Lawful spouse (same or opposite sex)
- Children under age 26 (regardless of marital, dependency or student status)
- Children with disabilities of any age, provided the disability occurred before age 26

When you initially add or remove a dependent, you must upload copies of the following dependent verification documents by logging into Workday and clicking Benefits > Benefits:

- **Spouse:** Marriage certificate AND an additional document establishing current marital status (joint household bill, bank or credit card statement, mortgage or lease, or front page of your jointly filed federal tax return)
- **Child and/or dependent with a disability:** Birth certificate (naming you or your spouse as the child's parent) OR appropriate court order/adoption decree (naming you or your spouse as the child's legal guardian)

*Note: To remove a dependent due to divorce, you must provide the first and signature pages of your divorce decree.*

## When can I enroll in elected benefits?

There are different benefits enrollment periods depending on your circumstance:

- New hires are eligible for benefits on the first day of hire and must enroll within 30 days.
- All team members must enroll in or minimally check your benefits elections during Annual Enrollment each fall.
- Team members with a qualifying life status change must enroll or make changes within 30 days of the status change.

*Note: If you do not act within the designated enrollment period, you will need to wait until the next Annual Enrollment or life status change to adjust your elections.*

## What is a qualifying life status change?

An event in your life that can make you eligible for a special 30-day benefits enrollment period. Changes to

your elections must be related to the life status change; for example, if you have a baby, you may add your child to your coverage but cannot drop your spouse's coverage. Examples of qualifying life status changes include, but are not limited to, the following:

- Marriage, divorce, legal separation (per state law) or annulment
- Birth, adoption, placement for adoption or appointment of legal guardianship of your child
- A dependent child reaching the age of 26
- A change in any of the following for you or a covered dependent:
  - Employment status
  - Place of residence or employment that impacts provider network access
  - COBRA, Medicare or Medicaid eligibility
- Your death or the death of a covered dependent

## When does my coverage begin and end?

**The date coverage begins depends on the circumstance:**

- **Beginning of employment:** Coverage begins on the first day of employment, and new hires must enroll within 30 days.
- **Annual Enrollment:** Elections take effect on January 1 of the following year.
- **Life status change:** Elections take effect on the date of the event.

**The date coverage ends also depends on circumstance and benefit:**

- **End of employment:** Coverage ends on the last day of the calendar month in which employment terminates (except short- and long-term disability insurance, voluntary benefits and flexible spending accounts, which end on the last day of employment).
- **Dependent turning 26:** Coverage ends on the last day of the calendar month in which the individual turns 26.

## How do I enroll?

Follow the steps on your Annual Enrollment or New Hire checklist to enroll. If electing medical benefits, don't forget to complete the once-per-lifetime MyQHealth Get Connected process (p. 10).





## OptumRx Home Delivery Pharmacy



OptumRx Home Delivery Pharmacy is designed especially for individuals who take prescription medications on a regular basis, such as those used for diabetes, asthma, heart conditions, high blood pressure and birth control. You will save time and money by having a 90-day supply of your medication delivered to your doorstep for as long as your doctor prescribes it.

*Note: Preventive medications also can be filled in a 90-day supply at select in-network retail pharmacies and still be covered under your plan. Call if you have questions about participating pharmacies prior to enrolling.*

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)



## Specialty Pharmacy



BriovaRx, the OptumRx specialty pharmacy, is an affordable, convenient alternative to retail pharmacies for individuals with complex, rare or chronic conditions requiring specialty medications (including injectable, infused, inhaled and oral products). Specialty medications are limited up to one 30-day supply per fill.

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)



## Laboratory Services



UnitedHealthcare contracts with many laboratories to provide network access for lab services. Two of the largest laboratories, Laboratory Corporation of America (LabCorp) and Quest Diagnostics, Inc. (Quest), are included in the preferred network.

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)

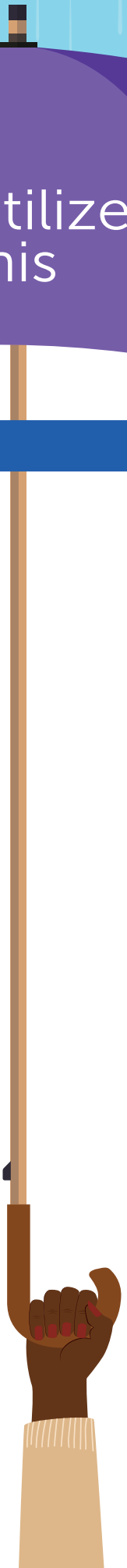


## DID YOU KNOW?

When using the OptumRx Home Delivery Pharmacy or select in-network retail pharmacies, certain preventive medications are covered at 100% for those who elect either the Choice Fund HSA or HSA BASIC plan. Therapeutic prescription categories include:

- Antipsychotics
- Asthma and COPD
- Cancer
- Cardiovascular/heart disease
- Contraceptives
- Diabetes
- Estrogens
- Gastrointestinal
- HIV/AIDS
- Osteoporosis
- Smoking deterrents
- Transplant
- Vitamins

To see the full list of specific medications that are part of the zero-cost Rx program, as of the time this handbook was printed, see p. 28-34.





## Teladoc Telehealth Service



Teladoc Telehealth Service connects you quickly with a board-certified doctor via secure video or phone conference. When you need a more convenient way to see a doctor, Teladoc is available 24 hours a day, 7 days a week. This service is confidential and compliant with all medical privacy regulations and requirements (see p. 17 for cost).

Call: 800.835.2362

Click: [www.teladoc.com](http://www.teladoc.com)

To register: [Member Login](#) > [Get Started](#)

**YOU**tilize  
This

### WHEN I'M ON THE GO, HOW CAN TELADOC HELP ME?

Call Teladoc's board-certified doctors 24/7 for support with general medical concerns—including allergies, bronchitis, flu and pink eye—along with dermatological needs, from acne to skin infections.



## Second Medical Opinion

Best Doctors is an expert second medical opinion service, available to all BW medical participants and their covered family members. This benefit supports physician collaboration and provides you with FREE, easy access to medical advice from the world's leading doctors—without having to make any additional office visits.

By receiving confidential guidance, you can make more informed medical decisions about everything from minor surgery to chronic conditions like cancer and heart disease. Best Doctors offers help with:

- **In-Depth Second Medical Opinion Review:** Have your diagnosis and treatment plan reviewed by a carefully selected expert physician who specializes in your condition.
- **Critical Care:** In critical situations or illnesses, call Best Doctors for help making the right decision at the right time.
- **Treatment Decision Support:** Get the support you need to understand your options when you're considering surgery or another medical procedure.
- **Ask the Expert:** Get personalized answers to your medical questions and guidance about your condition from an expert physician.
- **Medical Records eSummary:** Receive a personal Health Alert Summary on an easy-to-access USB drive based on your medical records collected by Best Doctors, giving you a total snapshot of your medical wellness.

Call: 866.904.0910

Click: <https://members.bestdoctors.com>

To register: [United States](#) > [Create a Profile](#)

## Compare Barry-Wehmiller Medical Plans

The chart on p. 17 shows a general comparison of Barry-Wehmiller's three medical plan options:

**PPO:** A traditional Preferred Provider Organization (PPO) plan with higher premiums, lower deductibles and set copays for services and prescriptions. Copays do not apply toward your medical deductible.

**Choice Fund HSA or Choice Fund HSA BASIC:** High Deductible Health Plans (HDHPs) with lower premiums and higher deductibles. Certain preventive medications are covered at 100% (p. 28-34). Team members pay all costs out-of-pocket (after the UnitedHealthcare discount is applied) until they reach their deductible.



YOUtilize  
This

## LEARN THE LANGUAGE

### Premium

The amount you pay for your health insurance every month

### Annual Deductible

The amount that you and each of your covered dependents must pay out-of-pocket each year for covered expenses before the plan will pay benefits

### Network

A group of doctors, labs, hospitals and other providers that your plan contracts with at a set payment rate

### Out-of-Pocket Maximum

The most you pay during a calendar year before your plan starts to pay 100% for covered health benefits

### Copay

A set dollar amount you pay for doctor visits, prescriptions and other healthcare services

### Coinsurance

The percentage you pay for the cost of covered healthcare services, after you meet your deductible

### Individual Family Member (Embedded) Deductible and/or Out-of-Pocket Maximum

A feature of certain family medical insurance plans. With this feature, there are two deductibles and/or out-of-pocket maximums—one that applies only to the first family member to reach it and a higher one for the whole family. Having an embedded deductible and/or out-of-pocket maximum means that when your expenses for any one family member reach the designated level, the medical insurance plan "turns on" for that individual. To activate the insurance benefits for the rest of your family, your combined expenses must reach the designated family level.



YOUtilize  
This

## WHAT'S THE BEST PLAN FOR ME?

For plan decision support, call MyQHealth at 855.576.9816 or visit [www.mybwbenefits.com](http://www.mybwbenefits.com).

Reminder: All plans offer the same provider network, 100% in-network coverage for preventive services and no lifetime benefit maximums.

	PPO		Choice Fund HSA		Choice Fund HSA BASIC	
	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
<b>Annual Medical Deductible</b>						
Individual	\$500	\$1,000	\$2,000	\$4,000	\$3,000	\$6,000
All Other Tiers*	\$1,000	\$2,000	\$4,000	\$8,000	\$6,000	\$12,000
Individual Family Member	\$500	\$1,000	N/A	N/A	N/A	N/A
<b>Annual Pharmacy Deductible</b>						
Individual	\$100	N/A	Medical deductible applies		Medical deductible applies	
All Other Tiers*	\$100/individual					
<b>Out-of-Pocket Maximum</b>						
Individual	\$4,000	\$8,000	\$4,000	\$8,000	\$6,000	\$12,000
All Other Tiers*	\$8,000	\$16,000	\$8,000	\$16,000	\$12,000	\$24,000
Individual Family Member	\$4,000	\$8,000	\$4,000	\$8,000	\$6,000	\$12,000
<b>Tax-Advantaged Account Options—See p. 24-25</b>						
	FSA		HSA with company funding (\$500 individual/\$1,000 all other tiers*)		HSA with no company funding	
<b>Hospital</b>						
Inpatient (per admission)	\$300 copay, 20% coinsurance	\$600 copay, 40% coinsurance	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance
Outpatient	20% coinsurance	40% coinsurance				
Urgent Care Copay	\$50 copay					
Emergency Room	20% coinsurance		20% coinsurance		20% coinsurance	
<b>Office Visits</b>						
Physician/Retail Clinics	\$25 copay	40% coinsurance	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance
Specialist	\$40 copay					
Preventive Care (including immunizations)	\$0		\$0		\$0	
Lab, Radiology, X-Ray Services	20% coinsurance		20% coinsurance		20% coinsurance	
<b>Mental Health and Substance Abuse</b>						
Inpatient	\$300 copay, 20% coinsurance	\$600 copay, 40% coinsurance	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance
Outpatient	\$40 copay	40% coinsurance				
<b>Teladoc Telehealth Service—See p. 15</b>						
	\$25 copay	N/A	\$45 for general medicine (\$75 for dermatology) before deductible then 20% coinsurance	N/A	\$45 for general medicine (\$75 for dermatology) before deductible then 20% coinsurance	N/A
<b>Prescription Costs**: Retail (30-Day Supply)/OptumRx Home Delivery Pharmacy and Select In-Network Retail Pharmacies (90-Day Supply)—See p. 14</b>						
Generic	\$15/\$30	N/A	20% coinsurance	N/A	20% coinsurance	N/A
Preferred Brand	\$35/\$70					
Non-Preferred Brand	\$60/\$120					

\*All other tiers includes individual + spouse, individual + child(ren) and family.

\*\*The Choice Fund HSA and HSA BASIC plans include 100% pharmacy coverage for certain preventive medications. For more information, see p. 28-34 or visit [www.mybwbenefits.com](http://www.mybwbenefits.com).



## 2020 Biweekly Medical Plan Premiums

At Barry-Wehmiller, the cost of healthcare coverage is a shared responsibility between you and the company. Your premium cost depends on your compensation band. Premiums are deducted from your paycheck on a pre-tax basis.

	COMPENSATION BANDS
A	\$0-\$36,500
B	\$36,501-\$46,500
C	\$46,501-\$57,000
D	\$57,001-\$99,999
E	\$100,000+

Note: To calculate your compensation band if you're an hourly team member, multiply your hourly rate x average hours per week x 52.

### PPO Plan

WITH BETTER YOU INCENTIVE					WITHOUT BETTER YOU INCENTIVE			
INDIVIDUAL	INDIVIDUAL + SPOUSE†	INDIVIDUAL + CHILD(REN)	FAMILY**		INDIVIDUAL	INDIVIDUAL + SPOUSE	INDIVIDUAL + CHILD(REN)	FAMILY*
\$88.00	\$267.11 / \$320.19	\$242.82	\$299.84 / \$352.91	A	\$141.08	\$373.27	\$335.13	\$405.99
\$116.62	\$345.90 / \$398.98	\$313.56	\$385.53 / \$438.61	B	\$169.69	\$452.06	\$405.87	\$491.69
\$145.25	\$419.44 / \$472.51	\$379.58	\$465.52 / \$518.59	C	\$198.32	\$525.59	\$471.89	\$571.67
\$172.77	\$485.63 / \$538.71	\$439.01	\$537.51 / \$590.59	D	\$225.85	\$591.79	\$531.32	\$643.67
\$186.97	\$522.75 / \$575.83	\$472.34	\$577.89 / \$630.97	E	\$240.05	\$628.91	\$564.65	\$684.04

### Choice Fund HSA Plan

WITH BETTER YOU INCENTIVE					WITHOUT BETTER YOU INCENTIVE			
INDIVIDUAL	INDIVIDUAL + SPOUSE†	INDIVIDUAL + CHILD(REN)	FAMILY**		INDIVIDUAL	INDIVIDUAL + SPOUSE	INDIVIDUAL + CHILD(REN)	FAMILY*
\$39.56	\$140.51 / \$193.59	\$133.83	\$160.61 / \$213.69	A	\$92.64	\$246.66	\$226.14	\$266.77
\$59.38	\$193.37 / \$246.44	\$182.29	\$217.78 / \$270.86	B	\$112.46	\$299.52	\$274.60	\$323.93
\$76.99	\$243.06 / \$296.14	\$227.85	\$271.53 / \$324.60	C	\$130.07	\$349.22	\$320.16	\$377.68
\$95.70	\$287.47 / \$340.55	\$268.56	\$319.55 / \$372.63	D	\$148.78	\$393.62	\$360.87	\$425.71
\$105.10	\$312.24 / \$365.32	\$291.27	\$346.34 / \$399.42	E	\$158.18	\$418.40	\$383.58	\$452.50

### Choice Fund HSA BASIC Plan

WITH BETTER YOU INCENTIVE					WITHOUT BETTER YOU INCENTIVE			
INDIVIDUAL	INDIVIDUAL + SPOUSE†	INDIVIDUAL + CHILD(REN)	FAMILY**		INDIVIDUAL	INDIVIDUAL + SPOUSE	INDIVIDUAL + CHILD(REN)	FAMILY*
\$0.00	\$0.00 / \$27.38	\$0.00	\$0.00 / \$34.43	A	\$32.31	\$80.45	\$72.23	\$87.51
\$0.00	\$20.74 / \$73.82	\$19.35	\$31.87 / \$84.95	B	\$51.69	\$126.90	\$111.65	\$138.02
\$12.59	\$69.39 / \$122.47	\$65.30	\$84.78 / \$137.86	C	\$65.66	\$175.54	\$157.61	\$190.93
\$31.46	\$112.87 / \$165.94	\$104.33	\$132.07 / \$185.14	D	\$84.54	\$219.02	\$196.64	\$238.22
\$36.86	\$126.76 / \$179.84	\$116.81	\$147.18 / \$200.26	E	\$89.93	\$232.91	\$209.12	\$253.33

\*Family includes individual + spouse + child(ren).

†The premium on the left represents if you **AND** your covered spouse earned the Better You Incentive (annual savings of at least \$2,400). The premium on the right represents if you **OR** your covered spouse earned the Better You Incentive (annual savings of at least \$1,200).



## Better You Incentive



For team members planning to enroll in 2021 BW medical plans, the Better You Incentive is an additional source of inspiration to engage in healthy behaviors. Those who take important actions to care for their health in 2020 by completing the requirements of the Better You Incentive will pay at least \$1,200/\$2,400 less (see chart at right for detailed incentive explanation) in 2021 BW medical premiums than those who do not participate.

To earn the incentive for 2021 BW medical premiums, you (AND your covered spouse) have until September 30, 2020, to:

1. Register and complete the MyQHealth Get Connected process (p. 10).
2. Complete and report all actions on your e-mailed MyQHealth Health Track, an action plan that tracks your completion of these critical prevention activities:
  - a. Obtain GOLD (or higher) status in Vitality, our online personalized wellbeing program (p. 4-5).
  - b. Complete an annual physical and all age/gender-appropriate screenings (p. 35).

*Note: Don't ignore your MyQHealth e-mails! Check your spam folder, or call MyQHealth at 855.576.9816 if you are not receiving them.*

## Are You Maximizing the Better You Incentive?

Because individual wellbeing is significantly impacted by household health, Barry-Wehmiller urges team members *and* spouses to take critical actions to care for their health. Team members and covered spouses INDIVIDUALLY earn the Better You Incentive, but the incentive grows when *both* team members and covered spouses make progress on their wellbeing journey (see chart below for details).

Coverage Level	WHO completed all required actions?	You will save at least...
Individual	Team member	\$1,200
Individual + Spouse	Team member <b>AND</b> spouse	\$2,400
	Team member <b>OR</b> spouse	\$1,200
Individual + Child(ren)	Team member	\$2,000
Family*	Team member <b>AND</b> spouse	\$2,400
	Team member <b>OR</b> spouse	\$1,200

*\*Family includes individual + spouse + child(ren).*

## Better You Incentive FAQ

**How will I get my MyQHealth Health Track?** Check your e-mail (and spam folder)! Each month, MyQHealth will e-mail your Health Track to the address you provided during the Get Connected process. Your covered spouse needs to complete the Get Connected process to receive a Health Track as well.

**How do I get to GOLD status?** The quickest paths to GOLD start with the completion of your Vitality Check (biometric screening) and the online Vitality Health Review. For guidance on getting to GOLD (or higher) status in Vitality, login to [www.powerofvitality.com](http://www.powerofvitality.com) and click Points > Points Planner or visit [www.bwellbeing.com](http://www.bwellbeing.com) and click Engage in Vitality > Vitality Path to Gold and Beyond. If you have a spouse, you earn Vitality points together and share one status per household, regardless of BW medical coverage level. Together, you and your spouse must earn 1.5x the points an individual needs to get to any given status.

**I may have trouble getting my spouse involved in Vitality. Why is the program set up that way?** Household wellbeing has a significant impact on individual wellbeing, so it's critical for both of you to engage in healthy behaviors. We want to do our part to support that.

**I'm not getting credit for a completed activity on my Health Track. What should I do?** You can "self-attest" to completing certain activities at [www.mybwellbeing.com](http://www.mybwellbeing.com). You may also contact MyQHealth at 855.576.9816. You'll be asked for the date of the activity and the name of your doctor.

**Can I qualify for the incentive if I am not enrolled in 2020 BW medical but choose to enroll in 2021?** Yes! You will need to complete the same requirements. However, because you will not have received a MyQHealth Health Track, you must submit legal verification by September 30, 2020, stating that you have completed the required activities. Contact MyQHealth with questions about this process.





## Dental Plans



Your oral health is a critical component of your overall health. As such, we offer two dental plans that can be elected regardless of whether you enroll in medical—one administered by Delta Dental of Missouri and the other by Cigna. Both plans offer up to two in-network cleanings per member per year at no charge. In addition, participants have access to orthodontia benefits in both plans.

The chart to the right is a general comparison of our two dental plans. For additional plan decision support, call MyQHealth at 855.576.9816.

**Delta Dental of Missouri PPO**

Call: 800.335.8266

Click: [www.deltadentalmo.com](http://www.deltadentalmo.com)

**Cigna Dental HMO**

Call: 800.244.6224

Click: [www.mycigna.com](http://www.mycigna.com)

### Compare Barry-Wehmler Dental Plans

**Delta Dental of Missouri PPO:** A Preferred Provider Organization (PPO) plan that allows you to see any dentist you wish. If you use in-network providers (PPO and Premier on Delta Dental's website), you'll pay lower negotiated plan rates. If you use out-of-network providers, you pay more for covered services, may have to file your own claims and can be billed for charges exceeding the usual market cost. Average discount range for dentists in the PPO Network is 20–30%, while the average range for Premier Network dentists is 5–10%.

**Cigna Dental HMO:** A Health Maintenance Organization (HMO) plan with lower monthly premiums, a limited provider network and no out-of-network benefits. This plan does not require members to satisfy an upfront deductible; however, all services have a preset fee schedule. You must select a primary dentist when enrolling.

*Note: Before electing Cigna Dental HMO, be sure to check if your area has in-network providers who are accepting new patients.*

Delta Dental of Missouri PPO			Cigna Dental HMO
PPO	Premier	Out-of-Network	

Annual Deductible (separate from orthodontia)			
Individual	\$50		N/A
All Other Tiers*	\$50/individual (\$150 maximum)		
Annual Benefit Maximum (separate from orthodontia)			
	\$1,000/individual		N/A
	Charges for exams, cleanings, X-rays and fluoride treatments do not apply toward your annual maximum.		
Preventive and Diagnostic Services (oral exams, cleanings, X-rays, fluoride application, sealants)			
	\$0	20% (not applied to deductible)	Based on a fee schedule
Basic Services (fillings, extractions, root canal, oral surgery)			
	20% coinsurance		Based on a fee schedule
Major Services (crowns, bridges, dentures)			
	50% coinsurance		Based on a fee schedule
Orthodontia			
Coverage Age Limit	Dependent children under 19 only		N/A
Lifetime Deductible	\$50		
Services	50% coinsurance		Based on a fee schedule
Lifetime Maximum	\$1,000/individual		24 months of treatment

\*All other tiers includes individual + spouse, individual + child(ren) and family.



### LEARN THE LANGUAGE

#### Annual or Lifetime Maximum

The maximum dollar amount the plan will pay toward the cost of dental care within a specific benefit period. The patient is personally responsible for paying costs above the maximum.





## Vision Plan



We offer a comprehensive vision program through EyeMed Vision Care. This plan can be elected regardless of whether or not you enroll in medical and is designed to reduce your costs for routine, preventive eye care (eye exams, eye wear and other services). Our network (Select Network on EyeMed's website) includes major retailers (LensCrafters, Sears Optical, JCPenney, Target Optical, Pearle Vision Centers and more) as well as private practice providers.

EyeMed Vision Care features the following:

- Annual in-network exam covered at 100%
- Significant savings off of retail prices for frames, lenses and contact lenses
- Retinal imaging benefit for early detection and diagnosis
- In-network online contact lens ordering through ContactsDirect

Call: **866.939.3633**

Click: [www.eyemed.com](http://www.eyemed.com)

			EyeMed Vision Care	
			In-Network	Out-of-Network
<b>Vision Plan Features</b>				
Exam	\$0	Reimbursement up to \$30		
Frames	\$0 copay up to \$150 allowance	Up to \$75		
Standard Dilation	\$0	N/A		
Retinal Imaging	100% up to \$39	N/A		
<b>Lenses (additional options are available)</b>				
Single Vision	\$10 copay	Up to \$25		
Bifocal		Up to \$40		
Standard Progressives		Up to \$55		
Trifocal				
<b>Contact Lenses</b>				
Elective	100% up to \$150 allowance	Up to \$120		
Medically Necessary	\$0	Up to \$200		
Standard Contact Fitting Fee	Up to \$40	N/A		
Premium Contact Fitting Fee	10% off retail			
<b>Laser Vision Correction</b>				
	15% off retail or 5% off promotion	N/A		
<b>Frequency Limits</b>				
Exam	12 months			
Lenses or Contacts	12 months			
Frames	24 months			

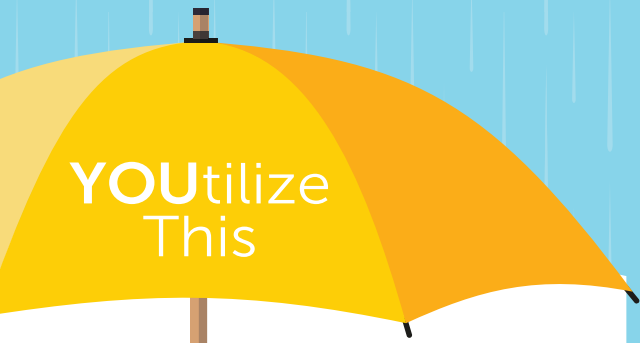
## See the Savings from EyeMed Vision Care!

GLASSES		Average Retail Price	Average Member Out-of-Pocket	Percent Savings	CONTACT LENSES		Average Retail Price	Average Member Out-of-Pocket	Percent Savings
	Exam/Fitting	\$110	\$1	99%		Exam/Fitting	\$110	\$1	99%
Frames	\$179	\$34	81%	Fit and Follow-Up	\$60	\$44	26%		
Lenses	\$169	\$53	68%	Contacts	\$247	\$99	60%		
Add-Ons	\$38	\$29	24%	<b>Total</b>	<b>\$417</b>	<b>\$144</b>	<b>65%</b>		
<b>Total</b>	<b>\$496</b>	<b>\$117</b>	<b>76%</b>						

## 2020 Biweekly Dental Premiums

	Delta Dental of Missouri PPO	Cigna Dental HMO
Individual	\$6.85	\$6.10
Individual + Spouse	\$21.43	\$13.53
Individual + Child(ren)	\$22.89	\$17.72
Family*	\$37.47	\$30.51

\*Family includes individual + spouse + child(ren).



### DID YOU KNOW?

Trips to the dentist aren't just great for your smile—they may help your overall health. Proper dental care may help prevent:

- Tooth loss
- Digestion issues
- Cardiovascular disease

## 2020 Biweekly Vision Premiums

Individual	\$1.31
Individual + Spouse	\$3.94
Individual + Child(ren)	\$4.23
Family*	\$6.98

\*Family includes individual + spouse + child(ren).



### DID YOU KNOW?

Like your dentist, your eye doctor may be able to spot other health issues, including:

- High blood pressure
- High cholesterol
- Diabetes



## 401(k) Retirement Savings Plan

Barry-Wehmiller's 401(k) Retirement Savings Plan, administered by Transamerica, is an important tool to help you with critical preparation for retirement. Team members are eligible on their first day of employment and are 100% vested in the company match.

After your first payroll is processed, your account will be automatically set up as follows:

- To save 6% of eligible compensation on a pre-tax basis.
- To utilize PortfolioXpress, an automated asset allocation service based on a designated retirement year and risk preference (default is age 65 and moderate). This free service is designed for those who prefer a low-maintenance, yet responsible approach to retirement plan investing.

With no action, contributions typically start within 60 days for new accounts. At any point, you can change your contribution level and/or investment elections. The plan has a wide variety of investment options, including a self-directed brokerage account that allows more hands-on account management.

There are three ways you can contribute to our plan, and you may take advantage of any, or all, of the three options highlighted in the chart to the right.

*Note: Your 401(k) beneficiary designation is separate from the company paid life program. Please login to your retirement account to complete this designation.*

Call: 800.755.5801

Click: [www.transamerica.com/portal/bw](http://www.transamerica.com/portal/bw)

To register: Team member's SSN needed

	Traditional Pre-Tax	Roth 401(k)	Voluntary After-Tax
Participant Contributions	1-100% of earnings up to the IRS limit		1-25% of earnings
Eligible for Company Match	100% of contributions up to 3% PLUS 50% of contributions from 3-4% on eligible compensation		N/A
Tax Treatment of Participant Contributions	Pre-tax	After-tax	
Tax Treatment of Company Match	Pre-tax		N/A
Tax Treatment of Qualified Distributions	All contributions and earnings subject to tax	Tax-free for participant contributions and earnings; company match subject to tax	Tax-free for contributions, earnings subject to tax
Subject to Distribution Restrictions	Yes, prior to: age 59.5, death, disability, hardship or termination		No: available for distribution any time
Available for Loan	Yes		

### 2019 Contribution Limits\*

Participant	\$19,000 combined	
Additional Catch-Up Allowed for Participants Age 50+	\$6,000 combined	N/A
Participant Plus Company	\$56,000 combined	

\*For 2020 contribution limits (announced by November 2019), go to [www.irs.gov](http://www.irs.gov) or [www.transamerica.com/portal/bw](http://www.transamerica.com/portal/bw).

YOUtilize This

## LEARN THE LANGUAGE

### 401(k) Beneficiary

Your online beneficiary designation, not your will, determines how your retirement plan assets are distributed. Without a designation, assets will be distributed according to the plan

provisions. For the Barry-Wehmiller plan, the default primary beneficiary is your surviving spouse, and the contingent is your estate, requiring your heirs to open an estate with the state probate court.



## Health Savings and Flexible Spending Accounts



Regardless of whether or not you enroll in a BW medical plan, Barry-Wehmiller offers tax-advantaged account options for all team members. These accounts can save you money by allowing you to set aside pre-tax dollars for qualified expenses (for a complete list of eligible expenses, see IRS Publications 502 [Healthcare] and 503 [Dependent Care] at [www.irs.gov](http://www.irs.gov)).

### Health Savings Account

Call: 855.576.9816

Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)

### Flexible Spending Accounts

Call: 855.576.9816 (MyQHealth)

Click: [www.taben.com](http://www.taben.com)

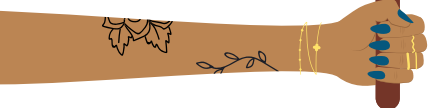
To register: [Taben Flex—Navia Platform > Consumer Portal > Register > I'm a Participant > Three-Digit Code: BAM](#)



### DID YOU KNOW?

Team members with existing HSAs and/or FSAs are required to designate a

contribution amount during Annual Enrollment each year, as prior year elections do not roll over.



## Tips for Determining How Much to Contribute to a Tax-Advantaged Account

- 1. Gather your healthcare out-of-pocket expenses from 2019 and use the total as a baseline.** If you have been enrolled in a BW plan, login to [www.mycigna.com](http://www.mycigna.com) and select Manage Claims and Balances > Claims to see a list of your 2019 medical, prescription and dental (if enrolled in the Cigna Dental HMO) out-of-pocket costs.
- 2. Remember: Unused amounts in an HSA roll over from year to year,** so there's no harm in contributing more than your annual expenses. **Unused amounts in an FSA are forfeited at year-end,** so estimate carefully to maximize your tax benefit and minimize the risk of falling prey to "Use It or Lose It."
- 3. For Choice Fund HSA and HSA BASIC participants:**
  - Consider saving the difference between your premium and the premium you would pay for the PPO plan. You'll be spending the same amount as you would if you chose the PPO plan, but the additional money will be in your HSA for whenever you need it.
  - Set a goal to reach a balance in your HSA that could offset your deductible, if needed.



### LEARN THE LANGUAGE

#### Use It or Lose It!

An IRS rule with regard to FSAs stipulates that plan year expenses must be incurred by December 31 and claims must be processed through Taben/Navia by March 31. Money left in an FSA must be forfeited at year-end, so budget carefully!



	Health Savings Account (HSA)	Healthcare Flexible Spending Account (FSA)	Dependent Care Flexible Spending Account (FSA)
Who is eligible to contribute?	Choice Fund HSA and HSA BASIC enrollees UNLESS you are age 65+ and covered by Medicare*	All team members not contributing to an HSA	All team members with qualifying child or elder care expenses
What kinds of expenses can I pay with the money in my account?	Eligible medical, prescription, dental, vision and hearing expenses for you, your spouse or your dependents, even if they are not enrolled in a BW medical plan		<ul style="list-style-type: none"> <li>• Payments to nursery schools, day care centers or individuals caring for preschool children</li> <li>• Before- and/or after-school care</li> <li>• Summer day camps if care is custodial in nature</li> <li>• Day care for dependent parents who spend at least 8 hours/day in your home</li> </ul>
Who administers the account?	OptumBank	Taben/Navia	Taben/Navia
How do I enroll?	When you first enroll in the Choice Fund HSA or HSA BASIC plan, an account will automatically be set up for you. You will then receive instructions from OptumBank on how to access and use your account. Company contributions begin with your first full quarter.	In your initial eligibility period, at any life status change or during Annual Enrollment, you may enroll in either or both of these accounts. You must designate a contribution amount and will then receive instructions from Taben/Navia for how to access and use your account.	
2020 contribution limits	Individual: \$3,550 / All Other Tiers: \$7,100 Additional catch-up contribution allowed for participants age 55+: \$1,000	See note (2019 contribution limit was \$2,700).	See note (2019 contribution limit was \$5,000; \$2,500 if you are married and file taxes separately).
Convenient debit card provided	Yes	Yes	Yes
Balance rolls over year-to-year	Yes	No – “Use It or Lose It” rule applies	No – “Use It or Lose It” rule applies
Earns tax-free returns	Yes	No	No
You can take the account with you should you leave BW	Yes	No	No
Your unused balance is payable to your beneficiary	Yes	No	No
BW contributes to your account	Yes – Choice Fund HSA only (not HSA BASIC)**	No	No
Contribution amount can be changed during the plan year without a qualifying event	Yes	No	No

Note: For 2020 contribution limits (announced by November 2019), go to [www.irs.gov](http://www.irs.gov).

#### \*If I have an HSA, what FSA accounts can I enroll in?

Participants in an HSA can enroll in the Dependent Care FSA but not the Healthcare FSA.

#### \*\*How do company HSA contributions to the Choice Fund HSA plan work?

Participants in the Choice Fund HSA plan (not HSA BASIC) will receive the company contribution in quarterly installments beginning in January. These funds are deposited to the team member’s HSA as soon as possible, typically in the first month of each calendar quarter. During the year, new hires and newly enrolled team members (due to a life status change) will begin receiving the company contribution in the first full calendar quarter in which they are enrolled in the plan.





## Supplemental Life and Accidental Death & Dismemberment Insurance



You may choose to purchase additional life and AD&D insurance for yourself and your dependent(s) at affordable group rates. You must enroll in team member supplemental coverage in order to enroll your spouse or child(ren).

Supplemental Coverage	Life Insurance Benefit Options*	AD&D Insurance Benefit Options
Team Member	1-5x annual base salary (maximum \$500,000)	1-5x annual base salary (maximum \$500,000)
Spouse	Increments of \$5,000, up to \$100,000**	% of team member's benefit amount (maximum \$150,000): if no children – 60%; if you have children – 50%
Child(ren) (14 days – 26 years old)	Option 1: \$5,000 Option 2: \$10,000	% of team member's benefit amount (maximum \$37,500): if no spouse – 15%; if you have a spouse – 10%

\*Rates and EOI rules, which depend on the enrollment event, are built into the enrollment system. See your local CPD representative for more information.

\*\*Benefit cannot be greater than 50% of the team member benefit (basic plus supplemental). For more information on company-paid life and AD&D coverage, see p. 8.

Call: 888.287.8494

Click: [www.mylincolnportal.com](http://www.mylincolnportal.com)  
Register > Company Code:  
BARRY-WEHMILLER



## Supplemental Long-Term Disability Insurance



If you are unable to return to work after 26 weeks of short-term disability and you wish to supplement your company-paid long-term disability benefit (p. 8), you may purchase additional long-term disability coverage at affordable group rates as follows:

- **Option 1:** Increase your maximum monthly benefit to 60% of your base pay up to \$5,000
- **Option 2:** Increase your maximum monthly benefit to 60% of your base pay up to \$10,000

During Annual Enrollment, you may increase coverage by one increment (\$0 to Option 1 or Option 1 to Option 2) without EOI. Pre-existing condition limitations will apply only on the increased benefit.

Call: 888.287.8494

Click: [www.mylincolnportal.com](http://www.mylincolnportal.com)

Register > Company Code:  
BARRY-WEHMILLER



YOU utilize This

### LEARN THE LANGUAGE

#### Evidence of Insurability (EOI)

A record of a person's past and current health events, used by insurance companies

to determine whether a person meets the company's definition of good health.



## Legal Services

Through Barry-Wehmiller, you can elect coverage for important everyday legal services for just \$8.42 per biweekly paycheck. MetLaw (administered by Hyatt Legal Plans) will provide legal representation for you, your spouse and your dependents, through a nationwide network of more than 14,000 participating plan attorneys. These individuals have met strict selection criteria and have an average of 25 years or more of legal experience. You also have the flexibility to use a non-plan attorney and get reimbursed for covered services according to a set fee schedule.

When you use a plan attorney for covered services (examples listed below; call MetLaw for information on additional covered services), there are no deductibles, copays, claim forms, waiting periods or limits on usage. Consultations may be done in-person or over-the-phone—whatever is most convenient for you!

*Note: Premiums are paid through post-tax payroll deduction. Once enrolled, you remain in the plan for the full calendar year.*

**Call: 800.821.6400**

**Click: [www.legalplans.com](http://www.legalplans.com)**

**Access code: GetLaw**



## Voluntary Benefits

Our voluntary benefits, administered by Unum, provide an opportunity to purchase additional insurance for less than if you bought it on your own. Barry-Wehmiller offers several voluntary insurance options:

- **Voluntary Short-Term Disability:** Supplements company-paid short-term disability (p. 8)
- **Group Critical Illness Coverage:** Pays a cash payment if you are diagnosed with a serious illness
- **Group Accident Coverage:** Pays a cash payment if an injury occurs off-the-job
- **Whole Life Insurance:** Provides a permanent life insurance option with lifetime level premiums and an investment component

*Note: Premiums are paid through post-tax payroll deduction.*

**Call: 888.816.7768 (before enrollment),  
800.635.5597 (after enrollment)**

## Covered Legal Services

### Court Appearances

- Civil litigation defense
- Personal property protection
- Traffic ticket defense (except DUI)

### Document Review and Preparation

- Mortgages
- Deeds, promissory notes
- Immigration assistance

### Debt Collection Defense

- Identity theft defense
- Repayment schedule
- Tax audits

### Identity Management Services

- Proactive services
- Theft and fraud support
- Recovery and replacement services
- Credit monitoring for victims

### Real Estate Matters

- Sale, purchase, refinancing or home equity loans (for primary or secondary residence)
- Boundary or title disputes
- Property tax assessments

### Wills

- Wills and codicils
- Living wills and powers of attorney
- Trusts

### Family Law

- Protection from domestic violence
- Adoption
- Name change



## Preventive Preferred Brands & Generics Drug List



For Choice Fund HSA and HSA BASIC plans, certain preventive medications are covered at 100% when you use the OptumRx Home Delivery Pharmacy (p. 14) or select in-network retail pharmacies. For new prescriptions, you may use any retail pharmacy for the first two fills.

Following is a list of specific medications that fall within the zero-cost Rx program, as of the time this handbook was printed.

**Call: 855.576.9816**

**Click: [www.mybwbenefits.com](http://www.mybwbenefits.com)**

### Antipsychotics

- ABILIFY
- ABILIFY MAINTENA
- ABILIFY MYCITE
- ADASUVE
- aripiprazole
- aripiprazole odt
- ARISTADA
- ARISTADA INITIO
- CHLORPROMAZINE
- clozapine
- clozapine odt
- CLOZARIL
- compro
- EQUETRO
- FANAPT
- FAZACLO
- fluphenazine
- GEODON
- haloperidol
- INVEGA
- INVEGA SUSTENNA
- INVEGA TRINZA
- LATUDA
- loxapine
- molindone
- NUPLAZID
- olanzapine
- olanzapine odt
- olanzapine/fluoxetine
- paliperidone er
- perphenazine
- PERSERIS
- prochlorperazine
- quetiapine fumarate
- quetiapine fumarate er
- REXULTI
- RISPERDAL
- RISPERDAL CONSTA
- RISPERDAL M-TAB
- risperidone
- risperidone m-tab
- risperidone odt
- SAPHRIS
- SEROQUEL
- SEROQUEL XR
- SYMBYAX
- thioridazine
- thiothixene
- trifluoperazine
- VERSACLOZ
- VRAYLAR
- ziprasidone
- ZYPREXA
- ZYPREXA RELPREVV
- ZYPREXA ZYDIS

### Asthma and COPD

- ACCOLATE

- ADVAIR DISKUS
- ADVAIR HFA
- AEROSPAN
- AIRDUO RESPICLICK
- albuterol sulfate
- albuterol sulfate er
- ALBUTEROL SULFATE HFA
- ALVESCO
- ANORO ELLIPTA
- ARCAPTA NEOHALER
- ARMONAIR RESPICLICK
- ARNUITY ELLIPTA
- ASMANEX HFA
- ASMANEX TWISTHALER
- ATROVENT HFA
- BEVESPI AEROSPHERE
- BREO ELLIPTA
- BROVANA
- budesonide
- COMBIVENT RESPIMAT
- cromolyn
- DALIRESP
- difil-g forte
- DULERA
- ELIXOPHYLLIN
- FLOVENT DISKUS
- FLOVENT HFA
- FLUTICASONE PROPIONATE/  
SALMETEROL
- INCRUSE ELLIPTA
- ipratropium
- ipratropium/albuterol
- isoproterenol aer
- levalbuterol
- LEVALBUTEROL HFA
- LONHALA MAGNAIR
- metaproterenol
- montelukast
- PERFOROMIST
- PROAIR HFA
- PROAIR RESPICLICK
- PROVENTIL HFA
- PULMICORT
- PULMICORT FLEXHALER

- QVAR
- QVAR REDHALER
- SEEBRI NEOHALER
- SEREVENT DISKUS
- SINGULAIR
- SPIRIVA HANDHALER
- SPIRIVA RESPIMAT
- STIOLTO RESPIMAT
- STRIVERDI RESPIMAT
- SYMBICORT
- terbutaline
- THEO-24
- theochron
- theophylline
- theophylline cr
- theophylline er
- TRELEGY ELLIPTA
- TUDORZA PRESSAIR
- UTIBRON NEOHALER
- VENTOLIN HFA
- VOSPIRE ER
- XOPENEX
- XOPENEX CONCENTRATE
- XOPENEX HFA
- YUPELRI
- zafirlukast
- zileuton er
- ZYFLO
- ZYFLO CR

## Cancer

- anastrozole
- ARIMIDEX
- AROMASIN
- exemestane
- FARESTON
- FEMARA
- letrozole
- raloxifene
- SOLTAMOX
- tamoxifen
- toremifene

## Cardiovascular/Heart Disease:

### *Anti-Anginal Agents*

- DILATRATE SR
- GONITRO
- ISORDIL TITRADOSE
- isosorbide dinitrate
- isosorbide dinitrate er
- isosorbide mononitrate
- isosorbide mononitrate er
- minitran
- NITRO-BID
- NITRO-DUR
- nitroglycerin
- nitroglycerin er
- nitroglycerin lingual
- nitroglycerin transdermal
- NITROLINGUAL PUMPSPRAY
- NITROMIST
- nitro-time
- petn
- RANEXA

## Cardiovascular/Heart Disease:

### *Anticoagulants*

- AGGRENEX
- ARIXTRA<sup>SP</sup>
- aspirin/dipyridamole
- BEVYXXA
- BRILINTA
- cilostazol
- clopidogrel
- COUMADIN
- dipyridamole
- DURLAZA
- EFFIENT
- ELIQUIS
- enoxaparin<sup>SP</sup>
- fondaparinux<sup>SP</sup>
- FRAGMIN<sup>SP</sup>
- heparin
- jantoven
- LOVENOX<sup>SP</sup>
- PLAVIX
- PLETAL

- PRADAXA
- prasugrel
- SAVAYSA
- warfarin
- XARELTO
- XARELTO STARTER PACK
- YOSPRALA
- ZONTIVITY

## Cardiovascular/Heart Disease:

### *Cardiac Glycosides*

- digitek
- digox
- digoxin
- LANOXIN

## Cardiovascular/Heart Disease:

### *High Blood Pressure*

- ACCUPRIL
- ACCURETIC
- acebutolol
- ACEON
- ADALAT CC
- afeditab cr
- ALDACTAZIDE
- ALDACTONE
- ALTACE
- amiloride
- amiloride/hctz
- amlodipine
- amlodipine/benazepril
- amlodipine/olmesartan medoxomil
- amlodipine/valsartan
- amlodipine/valsartan/hctz
- ATACAND
- ATACAND HCT
- atenolol
- atenolol/chlorthalidone
- AVALIDE
- AVAPRO
- AZOR
- benazepril
- benazepril/hctz
- BENICAR

- BENICAR HCT
- BETAPACE
- BETAPACE AF
- betaxolol
- bisoprolol
- bisoprolol/hctz
- bumetanide
- BUMEX
- BYSTOLIC
- BYVALSON
- CALAN
- CALAN SR
- candesartan
- candesartan/hctz
- captopril
- captopril/hctz
- CARDIZEM
- CARDIZEM CD
- CARDIZEM LA
- CARDURA
- CAROSPIR
- cartia xt
- carvedilol
- CATAPRES
- CATAPRES-TTS
- chlorothiazide
- chlorthalidone
- clonidine
- CLORPRES
- COREG
- COREG CR
- CORGARD
- CORZIDE
- COZAAR
- DEMADEx
- DEMSER
- DIBENZYLINE
- diltiazem
- diltiazem er
- diltiazem cd
- dilt-xr
- DIOVAN
- DIOVAN HCT
- DIURIL
- doxazosin
- DUTOPROL
- DYAZIDE
- DYRENIUM
- EDARBI
- EDARBYCLOR
- EDECRIN
- enalapril
- enalapril/hctz
- EPANED
- eplerenone
- eprosartan
- ethacrynic acid
- EXFORGE
- EXFORGE HCT
- ezide
- felodipine er
- FIRST - METOPROLOL
- fosinopril
- fosinopril/hctz
- furosemide
- guanfacine
- hydrochlorothiazide
- HEMANGEOL
- hydralazine
- HYZAAR
- indapamide
- INDERAL LA
- INDERAL XL
- INNOPRAN XL
- INSPRA
- irbesartan
- irbesartan/hctz
- isradipine
- KAPSPARGO SPRINKLE
- labetalol
- LASIX
- lisinopril
- lisinopril/hctz
- LOPRESSOR
- LOPRESSOR HCT
- losartan potassium
- losartan potassium/hctz
- LOTENSIN
- LOTENSIN HCT
- LOTREL
- matzim la
- MAXZIDE
- MAXZIDE-25
- methylothiazide
- methyl dopa
- methyl dopa/hctz
- metolazone
- metoprolol
- metoprolol er
- METOPROLOL ER/HCTZ
- metoprolol/hctz
- MICARDIS
- MICARDIS HCT
- MICROZIDE
- MINIPRESS
- minoxidil tablet
- moexipril
- moexipril/hctz
- nadolol
- nadolol/bendroflumethiazide
- nifedipine
- nifedipine er
- nimodipine
- nisoldipine
- nisoldipine er
- NORVASC
- NYMALIZE
- olmesartan
- olmesartan/hctz
- olmesartan/amlodipine/hctz
- perindopril
- phenoxybenzamine
- phentolamine
- pindolol
- prazosin
- PRESTALIA
- PRINIVIL
- PROCARDIA
- PROCARDIA XL
- propranolol
- propranolol er

- propranolol/hctz
- QBRELIS
- quinapril
- quinapril/hctz
- ramipril
- sotalol
- sotalol af
- SOTYLIZE
- spironolactone
- spironolactone/hctz
- SULAR
- TARKA
- taztia xt
- TEKTURNA
- TEKTURNA HCT
- telmisartan
- telmisartan/amlodipine
- telmisartan/hctz
- TENORETIC
- TENORMIN
- terazosin
- TIAZAC
- timolol tab
- TOPROL XL
- torsemide
- trandolapril
- trandolapril/verapamil er
- triamterene/hctz
- TRIBENZOR
- TWYNSTA
- valsartan
- valsartan/hctz
- VASERETIC
- VASOTEC
- VECAMYL
- verapamil
- verapamil er
- verapamil sr
- VERELAN
- VERELAN PM
- ZESTORETIC
- ZESTRIL
- ZIAC

**Cardiovascular/Heart Disease:**  
*High Cholesterol*

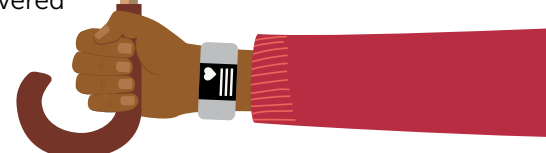
- ALTOPREV
- amlodipine/atorvastatin
- ANTARA
- atorvastatin
- CADUET
- cholestyramine
- cholestyramine light
- colesvelam
- COLESTID
- COLESTID FLAVORED
- colestipol
- CRESTOR
- ezetimibe
- ezetimibe/simvastatin
- fenofibrate
- fenofibrate micronized
- fenofibric acid
- fenofibric acid dr
- FENOGLIDE
- FIBRICOR
- FLOLIPID
- fluvastatin
- fluvastatin er
- gemfibrozil

- JUXTAPID<sup>SP</sup>
- KYNAMRO<sup>SP</sup>
- LESCOL XL
- LIPITOR
- LIPOFEN
- LIVALO
- LOFIBRA
- LOPID
- lovastatin
- LOVAZA
- niacin er
- niacor
- NIASPAN
- omega-3-acid ethyl esters
- PRALUENT<sup>SP</sup>
- PRAVACHOL
- pravastatin
- prevalite
- QUESTRAN
- QUESTRAN LIGHT
- REPATHA<sup>SP</sup>
- REPATHA SURECLICK<sup>SP</sup>



**HOW WILL I KNOW IF A MEDICATION IS STILL COVERED?**

This list, evaluated by a OptumRx review board, is ever-changing due to patent expirations and formulary changes. Please call MyQHealth at 855.576.9816 to confirm if a particular medication is covered at 100%.





- rosuvastatin
- simvastatin
- TRICOR
- TRIGLIDE
- triklo
- TRILIPIX
- VASCEPA
- VYTORIN
- WELCHOL
- ZETIA
- ZOCOR
- ZYPITAMAG

### Contraceptives†

*This section lists contraceptive categories. Please note that brands and generics are eligible.*

- CONTRACEPTIVE PATCH
- CONTRACEPTIVE RING (NUVARING)
- EMERGENCY CONTRACEPTIVES
- IMPLANT CONTRACEPTIVE
- INJECTABLE CONTRACEPTIVE
- IUDs
- ORAL CONTRACEPTIVES

### Diabetes: Insulin

- ADMELOG
- ADMELOG SOLOSTAR
- AFREZZA
- APIDRA
- APIDRA SOLOSTAR
- BASAGLAR KWIKPEN
- FIASP
- FIASP FLEXTOUCH
- HUMALOG
- HUMALOG JUNIOR KWIKPEN
- HUMALOG KWIKPEN
- HUMALOG MIX 50/50
- HUMALOG MIX 50/50 KWIKPEN
- HUMALOG MIX 75/25
- HUMALOG MIX 75/25 KWIKPEN
- HUMULIN 70/30
- HUMULIN 70/30 KWIKPEN
- HUMULIN N
- HUMULIN N KWIKPEN

- HUMULIN R
- HUMULIN R U-500
- LANTUS
- LANTUS SOLOSTAR
- LEVEMIR
- LEVEMIR FLEXTOUCH
- NOVOLIN 70/30
- NOVOLIN 70/30 FLEXPEN
- NOVOLIN 70/30 RELION
- NOVOLIN N
- NOVOLIN N RELION
- NOVOLIN R
- NOVOLIN R RELION
- NOVOLOG
- NOVOLOG FLEXPEN
- NOVOLOG MIX 70/30
- NOVOLOG MIX 70/30 PRE-FILLED FLEXPEN
- NOVOLOG PENFILL
- TOUJEO MAX SOLOSTAR
- TOUJEO SOLOSTAR
- TRESIBA
- TRESIBA FLEXTOUCH

### Diabetes: Non-Insulin

- acarbose
- ACTOPLUS MET
- ACTOPLUS MET XR
- ACTOS
- ADLYXIN
- ALOGLIPTIN
- ALOGLIPTIN/METFORMIN
- ALOGLIPTIN/PIOGLITAZONE
- AMARYL
- AVANDIA
- BYDUREON
- BYDUREON BCISE
- BYDUREON PEN
- BYETTA
- chlorpropamide
- CYCLOSET
- DUETACT
- FARXIGA
- FORTAMET

- glimepiride
- GLIPIZIDE
- glipizide er
- glipizide xl
- glipizide/metformin
- GLUCOPHAGE
- GLUCOPHAGE XR
- GLUCOTROL
- GLUCOTROL XL
- GLUCOVANCE
- GLUMETZA
- glyburide
- glyburide micronized
- glyburide/metformin
- GLYNASE
- GLYSET
- GLYXAMBI
- INVOKAMET
- INVOKAMET XR
- INVOKANA
- JANUMET
- JANUMET XR
- JANUVIA
- JARDIANCE
- JENTADUETO
- JENTADUETO XR
- KAZANO
- KOMBIGLYZE XR
- metformin
- metformin er
- metformin er (mod)
- metformin er (osm)
- METFORMIN SOL
- miglitol
- nateglinide
- NESINA
- ONGLYZA
- OSENI
- OZEMPIC
- pioglitazone
- pioglitazone/metformin
- pioglitazone-glimepiride
- PRANDIN
- PRECOSE

- QTERN
- repaglinide
- repaglinide/metformin
- RIOMET
- SEGLUROMET
- SOLIQUA 100/33
- STARLIX
- STEGLATRO
- STEGLUJAN
- SYMLINPEN 120
- SYMLINPEN 60
- SYNJARDY
- SYNJARDY XR
- TANZEUM
- tolazamide
- tolbutamide
- TRADJENTA
- TRULICITY
- VICTOZA
- XIGDUO XR
- XULTOPHY 100/3.6

### Estrogens

- ACTIVELLA
- ALORA
- amabelz
- ANGELIQ
- BIEST/PROGESTERONE
- CLIMARA
- CLIMARA PRO
- COMBIPATCH
- covaryx
- covaryx HS
- DIVIGEL
- DUAVEE
- eemt
- eemt HS
- ELESTRIN
- esterified estrogens/  
methltestosterone
- esterified estrogens/  
methltestosterone ds
- esterified estrogens/  
methltestosterone hs
- ESTRACE

- estradiol
- estradiol/norethindrone acetate
- ESTROGEL
- estropipate
- EVAMIST
- FEMHRT LOW DOSE
- fyavolv
- jevantage lo
- jinteli
- lopreeza
- MENEST
- MENOSTAR
- mimvey
- mimvey lo
- MINIVELLE
- norethindrone acetate/ethinyl  
estradiol
- PREFEST
- PREMARIN
- PREMPHASE
- PREMPRO
- VIVELLE-DOT

### Gastrointestinal-Ulcer Drugs<sup>†</sup>

- ACIPHEX
- AXID
- CARAFATE
- cimetidine
- CYTOTEC
- DEXILANT
- esomeprazole magnesium
- ESOMEPRAZOLE STRONTIUM
- famotidine
- FIRST-LANSOPRAZOLE
- FIRST-OMEPRAZOLE
- lansoprazole
- lansoprazole odt
- lansoprazole/amoxicillin/  
clarithromycin
- misoprostol
- NEXIUM
- nizatidine
- OMECLAMOX-PAK
- omeppi

- omeprazole
- omeprazole/sodium bicarbonate
- pantoprazole
- pantoprazole dr
- PEPCID
- PREVACID
- PREVACID SOLUTAB
- PREVPAC
- PRILOSEC
- PROTONIX
- PYLERA
- rabeprazole
- ranitidine
- sucralfate
- ZANTAC
- ZEGERID

### HIV/AIDS

- abacavir<sup>SP</sup>
- abacavir/lamivudine<sup>SP</sup>
- abacavir/lamivudine/zidovudine<sup>SP</sup>
- APTIVUS<sup>SP</sup>
- atazanavir<sup>SP</sup>
- ATRIPLA<sup>SP+</sup>
- BIKTARVY<sup>SP</sup>
- CIMDUO<sup>SP</sup>
- COMBIVIR<sup>SP</sup>
- COMPLERA<sup>SP</sup>
- CRIXIVAN<sup>SP</sup>
- DELSTRIGO<sup>SP</sup>
- DESCOVY<sup>SP</sup>
- didanosine<sup>SP</sup>
- EDURANT<sup>SP</sup>
- efavirenz<sup>SP</sup>
- EMTRIVA<sup>SP</sup>
- EPIVIR<sup>SP</sup>
- EPZICOM<sup>SP</sup>
- EVOTAZ<sup>SP</sup>
- fosamprenavir<sup>SP</sup>
- FUZEON<sup>SP</sup>
- GENVOYA<sup>SP</sup>
- INTELENCE<sup>SP</sup>
- INVIRASE<sup>SP</sup>
- ISENTRESS<sup>SP</sup>

- ISENTRESS HD<sup>SP</sup>
- JULUCA<sup>SP</sup>
- KALETRA<sup>SP</sup>
- lamivudine<sup>SP</sup>
- lamivudine/zidovudine<sup>SP</sup>
- LEXIVA<sup>SP</sup>
- lopinavir/ritonavir<sup>SP</sup>
- nevirapine<sup>SP</sup>
- nevirapine er<sup>SP</sup>
- NORVIR<sup>SP</sup>
- ODEFSEY<sup>SP</sup>
- PIFELTRO<sup>SP</sup>
- PREZCOBIX<sup>SP</sup>
- PREZISTA<sup>SP</sup>
- RESCRIPTOR<sup>SP</sup>
- RETROVIR<sup>SP</sup>
- REYATAZ<sup>SP</sup>
- ritonavir<sup>SP</sup>
- SELZENTRY<sup>SP</sup>
- stavudine<sup>SP</sup>
- STRIBILD<sup>SP</sup>
- SUSTIVA<sup>SP</sup>
- SYMFI<sup>SP</sup>
- SYMFI LO<sup>SP</sup>
- SYMTUZA<sup>SP</sup>
- tenofovir<sup>SP</sup>
- TIVICAY<sup>SP</sup>
- TRIUMEQ<sup>SP</sup>
- TRIZIVIR<sup>SP</sup>
- TROGARZO<sup>SP</sup>
- TRUVADA<sup>SP</sup>
- TYBOST<sup>SP</sup>
- VIDEX PEDIATRIC<sup>SP</sup>
- VIDEX EC<sup>SP</sup>
- VIRACEPT<sup>SP</sup>
- VIRAMUNE<sup>SP</sup>
- VIRAMUNE XR<sup>SP</sup>
- VIREAD<sup>SP</sup>
- ZERIT<sup>SP</sup>
- ZIAGEN<sup>SP</sup>
- zidovudine<sup>SP</sup>

### Osteoporosis

- ACTONEL
- alendronate
- ATELVIA
- BINOSTO
- BONIVA
- calcitonin-salmon
- etidronate di
- EVISTA
- FORTEO<sup>SP</sup>
- FOSAMAX
- FOSAMAX + D
- ibandronate
- risedronate
- risedronate dr

### Smoking Deterrents<sup>†</sup>

- bupropion
- CHANTIX
- NICODERM CQ
- NICORETTE
- nicotine gum/lozenge/patch
- NICOTROL INH/NS
- ZYBAN

### Transplant<sup>†</sup>

- ASTAGRAF XL<sup>SP</sup>
- AZASAN
- azathioprine
- CELLCEPT<sup>SP</sup>
- cyclosporine<sup>SP</sup>
- cyclosporine modified<sup>SP</sup>
- ENVARUSUS XR<sup>SP</sup>
- gengraf<sup>SP</sup>
- IMURAN
- mycophenolate<sup>SP</sup>
- mycophenolic DR<sup>SP</sup>
- MYFORTIC<sup>SP</sup>
- NEORAL<sup>SP</sup>
- PROGRAF<sup>SP</sup>
- RAPAMUNE<sup>SP</sup>

- SANDIMMUNE<sup>SP</sup>
- sirolimus<sup>SP</sup>
- tacrolimus cap<sup>SP</sup>
- ZORTRESS<sup>SP</sup>

### Vitamins and Electrolytes<sup>†</sup>: Pediatric Vitamins with Fluoride

- generic products
- BRAND NAME PRODUCTS

### Vitamins and Electrolytes<sup>†</sup>: Prenatal Multivitamins with Iron & Folic Acid

- generic products
- BRAND NAME PRODUCTS

*Note: In this drug list, brand-name medications are shown in UPPERCASE (for example, LANOXIN), and generic medications are shown in lowercase (for example, digoxin). This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes.*

<sup>SP</sup> Oral and self-injectable specialty medications may have limitations based on your plan benefit.

<sup>†</sup> Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule.



## Preventive Screenings



The following screenings are recommended for everyone based on US Preventive Services Task Force Guidelines, and are required for team members and covered spouses wishing to earn the Better You Incentive (p. 19).

Screening/Exam	Frequency	Men	Women	Age	Vitality Points Available
Physical*	Annually	●	●	18+	400 points
<b>Colorectal Cancer Screening (any one of the three)</b>					
• Fecal occult blood test	Annually	●	●	50-74	400 points
• Sigmoidoscopy/barium enema, X-ray	Every 5 years				
• Colonoscopy	Every 10 years				
<b>Cervical Cancer Screening (Pap smear)</b>	Every 3 years		●	21-65	400 points
<b>Breast Cancer Screening (mammogram)</b>	Every 2 years		●	50-74	400 points
<b>Osteoporosis Screening (DEXA scan)</b>	Every 2 years		●	65+	400 points

\*Your FREE, confidential biometric screening does NOT count toward your annual physical requirement.

**YOU**tilize  
This

### DID YOU KNOW?

According to a study from the Harvard School of Public Health: 40% of all colorectal cancers might be prevented if people underwent regular colonoscopy screenings.





## Legal Notices—Health and Welfare Plans

Federal regulations require that these important legal notices be distributed to anyone eligible for Barry-Wehmiller Health and Welfare plans.

Please keep them on file in case a qualifying life event allows you to participate in the Barry-Wehmiller plans during the upcoming year. For further clarification, please e-mail [benefits@barry-wehmiller.com](mailto:benefits@barry-wehmiller.com) and a member of the benefits team will assist you.

### Medicare Part D Creditable Coverage Notice

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Barry-Wehmiller and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

If neither you nor any of your covered dependents are eligible for or have Medicare, this notice does not apply to you or the dependents, as the case may be. However, you should still keep a copy of this notice in the event you or a dependent should qualify for coverage under Medicare in the future. Please note, however, that later notices might supersede this notice.

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. Barry-Wehmiller has determined that the prescription drug coverage offered by the Barry-Wehmiller Companies Welfare Benefit Plan ("Plan") is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is considered "creditable" prescription drug coverage. This is important for the reasons described below.

**Because your existing coverage is, on average, at least as good as standard Medicare prescription drug coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to enroll in a Medicare drug plan, as long as you later enroll within specific time periods.**

#### Enrolling in Medicare—General Rules

As some background, you can join a Medicare drug plan when you first become eligible for Medicare. If you qualify for Medicare due to age, you may enroll in a Medicare drug plan during a seven-month initial enrollment period. That period begins three months prior to your 65th birthday, includes the month you turn 65, and continues for the ensuing three months. If you qualify for Medicare due to disability or end-stage renal disease, your initial Medicare Part D enrollment period depends on the date your disability or treatment began. For more information you should contact Medicare at the telephone number or web address listed at the end of this section.

#### Late Enrollment and the Late Enrollment Penalty

If you decide to wait to enroll in a Medicare drug plan you may enroll later, during Medicare Part D's annual enrollment period, which runs each year from October 15th through December 7th. But as a general rule, if you delay your enrollment in Medicare Part D, after first becoming eligible to enroll, you may have to pay a higher premium (a penalty).

If after your initial Medicare Part D enrollment period, you go **63 continuous days or longer without "creditable" prescription drug coverage** (that is, prescription drug coverage that's at least as good as

Medicare's prescription drug coverage), your monthly Part D premium may go up by at least 1% of the premium you would have paid had you enrolled timely, for every month that you did not have creditable coverage.

For example, if after your Medicare Part D initial enrollment period you go nineteen months without coverage, your premium may be at least 19% higher than the premium you otherwise would have paid. You may have to pay this higher premium for as long as you have Medicare prescription drug coverage. *However, there are some important exceptions to the late enrollment penalty.*

#### Special Enrollment Period Exceptions to the Late Enrollment Penalty

There are "special enrollment periods" that allow you to add Medicare Part D coverage months or even years after you first became eligible to do so, without a penalty. For example, if after your Medicare Part D initial enrollment period you lose or decide to leave employer-sponsored or union-sponsored health coverage that includes "creditable" prescription drug coverage, you will be eligible to join a Medicare drug plan at that time.

In addition, if you otherwise lose other creditable prescription drug coverage (such as under an individual policy) through no fault of your own, you will be able to join a Medicare drug plan, again without penalty. These special enrollment periods end two months after the month in which your other coverage ends.

#### Compare Coverage

You should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. See the Plan's summary plan description for a summary of the Plan's prescription drug coverage. If you don't have a copy, you can get one by contacting us at the telephone number or address listed at the end of this section.

#### Coordinating Other Coverage with Medicare Part D

Generally speaking, if you decide to join a Medicare drug plan while covered under the Barry-Wehmiller Plan due to your employment (or someone else's employment, such as a spouse or parent), your coverage under the Barry-Wehmiller Plan will not be affected. For most persons covered under the Plan, the Plan will pay prescription drug benefits first, and Medicare will determine its payments second. For more information about this issue of what program pays first and what program pays second, see the Plan's summary plan description or contact Medicare at the telephone number or Web address listed below.

If you do decide to join a Medicare drug plan and drop your Barry-Wehmiller prescription drug coverage, be aware that you and your dependents may not be able to get this coverage back. To regain coverage you would have to reenroll in the Plan, pursuant to the Plan's eligibility and enrollment rules. You should review the Plan's summary plan description to determine if and when you are allowed to add coverage.

*For more information about this notice or your current prescription drug coverage...* Call Culture & People Development at (314) 862-8000 for more information about this notice. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Barry-Wehmiller changes. You also may request a copy.

*For more information about your options under Medicare prescription drug coverage...* More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

*For more information about Medicare prescription drug coverage:*

- Visit [www.medicare.gov](http://www.medicare.gov)
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the Web at [www.socialsecurity.gov](http://www.socialsecurity.gov), or call them at 1-800-772-1213 (TTY 1-800-325-0778).

**Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and whether or not you are required to pay a higher premium (a penalty).**

Nothing in this notice gives you or your dependents a right to coverage under the Plan. Your (or your dependents') right to coverage under the Plan is determined solely under the terms of the Plan.

## Prescription Drug Coverage and Medicare Part D Non-Creditable Coverage

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Barry-Wehmiller and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

If neither you nor any of your covered dependents are eligible for or have Medicare, this notice does not apply to you or the dependents, as the case may be. However, you should still keep a copy of this notice in the event you or a dependent should qualify for coverage under Medicare in the future. Please note, however, that later notices might supersede this notice.

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare prescription drug plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. Barry-Wehmiller has determined that the prescription drug coverage offered by the Barry-Wehmiller Choice Fund HSA BASIC ("Plan") is, on average for retiree plan participants, NOT expected to pay out as much as standard Medicare prescription drug coverage pays, and is considered "non-creditable" coverage. This is important, because most likely, you will get more help with your drug costs if you join a Medicare drug plan than if you only have prescription drug coverage from the Plan. It's also important because if you delay your enrollment in a Medicare drug plan you may have to pay a late enrollment penalty later, when you do enroll in a Medicare drug plan. See the discussion below about late enrollment penalties that might apply when you move from "non-creditable" coverage to a Medicare drug plan after your first opportunity to do so.
3. You have decisions to make about Medicare prescription drug coverage that may affect how much you pay for that coverage, depending on if and when you join. Read this notice carefully—it explains your options.

Consider joining a Medicare drug plan. You can keep your coverage from Barry-Wehmiller. You can keep the coverage regardless of whether it is "creditable" or "non-creditable," that is, regardless of whether it is as good as a Medicare drug plan. However, because your existing coverage is "non-creditable" coverage, meaning that on average it's NOT at least as good as standard Medicare prescription drug coverage, you may pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

### Enrolling in Medicare—General Rules

As some background, you can join a Medicare drug plan when you first become eligible for Medicare. If you qualify for Medicare due to age, you may enroll in a Medicare drug plan during a seven-month initial enrollment period. That period begins three months prior to your 65th birthday, includes the month you turn 65, and continues for the ensuing three months. If you qualify for Medicare due to disability or end-stage renal disease, your initial Medicare Part D enrollment period depends on the date your disability or treatment began. For more information, you should contact Medicare at the telephone number or web address listed at the end of this section.

### Late Enrollment and the Late Enrollment Penalty

If you decide to *wait* to enroll in a Medicare drug plan you may enroll later, during Medicare Part D's annual enrollment period, which runs each year from October 15 through December 7. But as a general rule, if you delay your enrollment in a Medicare drug plan after first becoming eligible to enroll, you may have to pay a higher premium when you later enroll in a Medicare drug plan.

If after your initial Medicare Part D enrollment period, you go **63 continuous days or longer without "creditable" prescription drug coverage** (that is, prescription drug coverage that's at least as good as Medicare's prescription drug coverage), your monthly Part D premium may go up by at least 1% of the premium you would have paid had you enrolled timely, for every month that you did not have creditable coverage after your initial enrollment period.

For example, if you do not enroll in a Medicare drug plan during your Medicare Part D initial enrollment period, and you then go 19 months without "creditable" prescription drug coverage before enrolling in a Medicare drug plan, your Medicare drug plan premium may be at least 19 percent higher than the premium you otherwise would have paid. You may have to pay this higher premium for as long as you have Medicare prescription drug coverage.

*Please note again that Barry-Wehmiller has determined the prescription drug coverage you currently have through its plan is NOT "creditable" coverage. This means that if you do not enroll in a Medicare drug plan during your initial enrollment period, and don't have or acquire "creditable" prescription drug coverage during the ensuing 63 days; you will pay a late enrollment penalty when you ultimately enroll in a Medicare drug plan.*

### Special Enrollment Periods and Exceptions to the Late Enrollment Penalty

There are "special enrollment periods" that allow you to enroll in a Medicare drug plan months or even years after you first became eligible to do so. Whether you will be required to pay a late enrollment penalty when you enroll in a Medicare drug plan during a special enrollment period depends on whether you are moving to a Medicare drug plan from creditable, or non-creditable, prescription drug coverage.

If after your Medicare Part D initial enrollment period you lose or decide to leave employer-sponsored or union-sponsored prescription drug coverage, you will be eligible to enroll in a Medicare drug plan during a two-month special enrollment period. If your employer- or union-sponsored prescription drug coverage was "creditable" coverage, your enrollment in a Medicare drug plan will be without penalty (assuming you did not have a 63-consecutive-day or longer break in "creditable" coverage after your Medicare Part D initial enrollment period). On the other hand, if the coverage was "non-creditable" your enrollment in the Medicare drug plan will be subject to a late enrollment penalty unless you had non-creditable coverage for fewer than 63 consecutive days after your Medicare Part D initial enrollment period.

In addition, if through no fault of your own, you otherwise lose creditable prescription drug coverage (e.g., your employer- or union-sponsored plan's coverage changes from creditable to non-creditable, or you lose creditable prescription drug coverage under an individual policy), you will be able to join a Medicare drug plan without penalty. This special enrollment period ends two months after the month in which your other coverage ends.

*Please note again that Barry-Wehmiller has determined the prescription drug coverage you currently have through its plan is NOT "creditable" coverage. This means when you lose or decide to leave coverage under the Barry-Wehmiller Choice Fund HSA BASIC health plan after your initial Medicare Part D enrollment period you will pay a late enrollment penalty when you ultimately enroll in a Medicare drug plan.*

### Compare Coverage

You should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. See the Barry-Wehmiller Plan's summary plan description for a summary of its prescription drug coverage. If you don't have a copy of the summary plan description, you can get one by contacting us at the telephone number or address listed below.

### Coordinating Other Coverage with Medicare Part D

Generally speaking, if you decide to join a Medicare drug plan while covered under the Barry-Wehmiller Plan due to your employment (or someone else's employment, such as a spouse or parent), your coverage under the Barry-Wehmiller Plan will not be affected. For most persons covered under the Plan, the Plan will pay prescription drug benefits first, and Medicare will determine its payments second. For more information about this issue of what program pays first and what program pays second, see the Plan's summary plan description or contact Medicare at the telephone number or Web address listed below.



If you do decide to join a Medicare drug plan and drop your Barry-Wehmiller prescription drug coverage, be aware that you and your dependents may not be able to get this coverage back. To regain coverage, you would have to re-enroll in the Plan, pursuant to the Plan's eligibility and enrollment rules. You should review the Plan's summary plan description to determine if and when you are allowed to reenroll or add coverage.

*For more information about this notice or your current prescription drug coverage...*

Call Culture & People Development at (314) 862-8000 for more information about this notice. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Barry-Wehmiller changes. You also may request a copy.

*For more information about your options under Medicare prescription drug coverage...*

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

*For more information about Medicare prescription drug coverage:*

- Visit [www.medicare.gov](http://www.medicare.gov)
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the Web at [www.socialsecurity.gov](http://www.socialsecurity.gov), or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Nothing in this notice gives you or your dependents a right to coverage under the Plan. Your (or your dependents') right to coverage under the Plan is determined solely under the terms of the Plan.

## Privacy Practices Notice

This Notice Describes How Medical Information About You May Be Used and Disclosed and How You Can Get Access To This Information. Please Review It Carefully.

The Health Insurance Portability and Accountability Act of 1996 and the regulations thereunder ("HIPAA") require a health plan to notify participants about its privacy policies and procedures with respect to participants' health information. This document is intended to satisfy HIPAA's notice requirement.

Barry-Wehmiller Companies, Inc. and its affiliates (the "Company") maintain the Barry-Wehmiller Companies, Inc. Medical Plan, the Barry-Wehmiller Companies, Inc. Dental Plan, the Health Care Expense Reimbursement Account of the Barry-Wehmiller Companies, Inc. Cafeteria Plan, and the Barry-Wehmiller Companies, Inc. Employee Assistance Plan (each plan or program is individually or collectively referred to as the "Plan" throughout this notice). The Plan or the insurer may share enrollment information with the Company, and may provide summary health information to the Company for Plan design purposes.

The Plan has authorized certain employees of the Company to have access to your health information (referred to as "employees with access"), so that they may perform certain administrative functions for the Plan. These administrative functions—treatment, payment, and health care operations—are described below. Employees with access also may use and disclose your health information for other purposes, which are outlined in this notice. Note, however, that only the Privacy Officer may have access to health information with respect to the EAP, and such access is strictly limited to the information necessary to carry out the Privacy Officer's management duties relating to the implementation of or compliance with the requirements of the HIPAA privacy regulations; no other associates have been authorized to have access to your EAP health information for any purpose.

Third party "business associates" that perform various services for the Plan also may have access to your health information. However, the Plan's business associates are subject to the HIPAA privacy and security rules in

the same way that the Plan is subject to such rules. In addition, each of the Plan's business associates has entered into an agreement with the Plan to safeguard your health information in accordance with HIPAA.

This notice will tell you about the ways in which employees with access to your health information and the Plan's business associates may use and disclose such information. It also describes the Plan's obligations and your rights regarding the use and disclosure of your health information.

The Plan is required by HIPAA to:

- make sure that your health information is kept private
- give you this notice of the Plan's legal duties and privacy practices with respect to your health information
- follow the terms of the notice that is currently in effect

In addition, if the Plan determines that a breach of your unsecured health information has occurred, the Plan must notify you of the breach. The Plan must also notify the Department of Health and Human Services, and in some cases, the media.

The Plan also is required to designate a Privacy Officer who is responsible for the development and implementation of the Plan's Privacy and Security Policies and Procedures. The Plan has designated the Company's Director, Health & Wellbeing as the Privacy Officer. The Privacy Officer may be contacted as noted above.

### How Employees With Access and Business Associates and May Use and Disclose Your Health Information

The following categories describe different ways in which employees with access and the Plan's business associates are permitted or required to use and disclose your health information. Not every use or disclosure in a category will be listed. In any event, the Plan is prohibited from using or disclosing any genetic health information for underwriting purposes, and from communications with you without your authorization concerning a product or service when the Plan receives remuneration for making the communication from the third party whose product or service is being marketed.

**For Treatment.** Employees with access and business associates may use and disclose your health information to facilitate medical treatment or services by health care providers. For example, if you are unable to provide your medical history as the result of an accident, a business associate may advise an emergency room physician about the types of prescription drugs you currently take.

**For Payment.** Employees with access and business associates may use and disclose your health information to make coverage determinations and payment in accordance with the terms of the Plan (this includes billing, claims management, subrogation, reviews for medical necessity and appropriateness of care, utilization review and preauthorization). For example, a business associate may tell your health care provider whether you are eligible for Plan coverage. Also, your health information may be shared with another health plan to coordinate benefit payments.

**For Health Care Operations.** Employees with access and business associates may use and disclose your health information to enable the Plan to operate or to operate more efficiently. This includes: conducting quality assessment and improvement activities, submitting claims for stop-loss coverage, determining employee contributions, conducting or arranging for medical review, legal services, and audit services, disease management, case management, planning and development and general Plan administrative activities. For example, the Plan may use your claims information to refer you to a disease management program, project future benefit costs, or audit the accuracy of its claims processing functions. In addition, the Plan may contact you to provide you information about treatment alternatives or other health-related benefits that may be of interest to you. In general, if the Plan receives direct or indirect payment by an outside entity to send you a communication, prior authorization from you will be required.

### Other Permitted Uses and Disclosures:

- The Plan may be required by law to disclose your health information.
- The Plan will make your health information available to you, and to the Secretary of the Department of Health and Human Services for purposes of HIPAA enforcement.

- Your health information may be disclosed to a public health agency. This may include disclosing your health information to report certain diseases, death, abuse, neglect or domestic violence or reporting information to the Food and Drug Administration, if you experience an adverse reaction from any of the drugs, supplies or equipment that are involved in your care.
- Your health information may be disclosed to government agencies so they can monitor, investigate, inspect, discipline or license those who work in the health care system or for government benefit programs.
- Your health information may be disclosed as authorized by law to comply with workers' compensation laws.
- Your health information may be disclosed in the course of a judicial or administrative proceeding, in response to an order of a court or administrative tribunal (to the extent such disclosure is expressly authorized); and in response to a subpoena, discovery request, or other lawful process, but only if efforts have been made to tell you about the request or to obtain an order protecting the information requested.
- Your health information may be disclosed to law enforcement officials to report or prevent a crime, locate or identify a suspect, fugitive or material witness or assist a victim of a crime.
- Your health information may be used or disclosed to avert a serious threat to health or safety if the use or disclosure is necessary to prevent a serious and imminent threat to the health or safety of a person or to the public, and is disclosed to a person who is reasonably able to prevent or lessen the threat, including the target of the threat.
- Your health information may be used or disclosed for limited research purposes, provided that a waiver of the authorization required by HIPAA has been approved by an appropriate privacy board.
- If you are a member of the armed forces, the Plan may disclose your health information as required by military command authorities or to evaluate your eligibility for veteran's benefits. The Plan also may disclose health information about foreign military personnel to the appropriate foreign military authority.
- Your health information may be disclosed to coroners, health examiners and funeral directors so that they can carry out their duties or for purposes of identification or determining cause of death.
- Your health information may be disclosed to people involved with obtaining, storing or transplanting organs, eyes or tissue of cadavers for donation purposes.
- The Plan may disclose your health information to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.
- If you are an inmate of a correctional institution or under the custody of a law enforcement official, the Plan may release your health information to the correctional institution or law enforcement official.
- Your health information may be disclosed to your spouse, a family member or a close personal friend if the health information is directly relevant to your spouse's, family member's or close personal friend's involvement with payment related to your health care.

**Pursuant to an Authorization.** For uses and disclosures of your health information beyond the uses and disclosures described above, the Plan is required to obtain your written authorization. You may revoke an authorization at any time.

#### **Your Rights With Respect to Your Health Information**

You have the following rights with respect to your health information:

**Right to Inspect and Copy.** You have the right to inspect and copy your coverage, payment and claims record and other health information used by the Plan to make benefit determinations about you. To inspect and copy such information, you must submit your request in writing to the Privacy Officer. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other supplies associated with your request.

The Plan may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to your health information, you may file a complaint regarding the denial.

If the Plan maintains an electronic health record ("EHR") that contains your health information, you may have the right to request an electronic copy

or direct that a copy of the EHR be sent to a designated individual. The Plan may charge you a fee (not greater than its labor costs) for responding to your request. Contact the Privacy Officer for more information.

**Right to Amend.** You have the right to request that the Plan amend your coverage, payment and claims record and other health information used by the Plan to make benefit determinations about you. You have the right to request an amendment for as long as the information is maintained by or for the Plan.

To request an amendment, you must submit your request in writing to the Privacy Officer. In addition, you must provide a reason that supports your request.

If your request is denied in whole or in part, the Plan will provide you with a written denial that explains the basis for the denial. You may then submit a written statement disagreeing with the denial and have that statement included with any future disclosure of your health information.

**Right to an Accounting of Disclosures.** You have the right to request an "accounting" of the Plan's disclosures of your health information during a time period which may be no longer than six years prior to the date of your request (three years for EHRs), if applicable. There are exceptions to the types of disclosures for which the Plan is required to account. For example, for health information that is not in an EHR, the Plan is not required to give you an accounting of disclosures for purposes of treatment, payment or health care operations, and the Plan is not required to account for disclosures made prior to the date HIPAA first applied to the Plan.

To request an accounting of disclosures, you must submit your request in writing to the Privacy Officer. Your request should indicate in what form you want the accounting (for example, paper or electronic). The first accounting you request within a 12 month period will be free. For additional accountings, the Plan may charge you for the costs of providing the accounting. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

**Right to Request Restrictions.** You have the right to request a restriction on the health information that the Plan may use or disclose about you for treatment, payment or health care operations, or that the Plan may disclose to your spouse, a family member or a close personal friend who is involved with payment related to your health care.

In general, we are not required to agree to your request. However, we are required to agree to a request to restrict disclosure of your health information for payment or health care operations (but not for treatment purposes) if you have paid your provider in full, out-of-pocket.

Requests for restrictions must be made in writing to the Privacy Officer. In your request, you must provide: (1) what information you want to restrict; (2) whether you want to restrict use, disclosure or both; and (3) to whom you want the restrictions to apply.

**Right to Request Confidential Communications.** You have the right to request that the Plan communicate with you in a certain way or at a certain location, such as only at work or by mail.

Requests for confidential communications must be made in writing to the Privacy Officer. The Plan will attempt to honor all reasonable requests. Your request must specify how or where you wish to be contacted.

**Right to a Paper Copy of This Notice.** You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time.

You also may obtain a copy of this notice on our website at: <http://www.bwwellbeing.com/benefits-links>

#### **Changes to This Notice**

The Plan reserves the right to change the terms of this notice. The Plan reserves the right to make the revised notice effective with respect to all of your health information already maintained by the Plan, as well as any of your health information maintained by the Plan in the future. In the event of a material change to the notice, a revised version of the notice will be provided to you in a manner permitted by the HIPAA privacy regulations.

#### **Complaints**

If you believe your privacy rights have been violated or if you have been notified by the Plan that a breach of your health information has occurred, you may file a complaint with the Plan or with the Secretary of the Department of Health and Human Services. To file a complaint with the

Plan, contact the Privacy Officer at the address listed on the first page of this notice. All complaints must be submitted in writing.

You will not be retaliated against for filing a complaint.

### Special Enrollment Rights Notice

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to later enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage).

Loss of eligibility includes but is not limited to:

- Loss of eligibility for coverage as a result of ceasing to meet the plan's eligibility requirements (i.e., legal separation, divorce, cessation of dependent status, death of an employee, termination of employment, reduction in the number of hours of employment)
- Loss of HMO coverage because the person no longer resides or works in the HMO service area and no other coverage option is available through the HMO plan sponsor
- Elimination of the coverage option a person was enrolled in, and another option is not offered in its place
- Failing to return from an FMLA leave of absence
- Loss of coverage under Medicaid or the Children's Health Insurance Program (CHIP)

Unless the event giving rise to your special enrollment right is a loss of coverage under Medicaid or CHIP, you must request enrollment within 30 days after your or your dependent's(s) other coverage ends (or after the employer that sponsors that coverage stops contributing toward the coverage).

If the event giving rise to your special enrollment right is a loss of coverage under Medicaid or CHIP, you may request enrollment under this plan within 60 days of the date you or your dependent(s) lose such coverage under Medicaid or CHIP. Similarly, if you or your dependent(s) become eligible for a state-granted premium subsidy toward this plan, you may request enrollment under this plan within 60 days after the date Medicaid or CHIP determine that you or the dependent(s) qualify for the subsidy.

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

*\*This notice is relevant for healthcare coverages subject to the HIPAA portability rules.*

Revised October 19, 2010

### Right to Designate Primary Care Provider and of No Obligation for Pre-Authorization for OB/GYN Care Notice

Barry-Wehmiller Welfare Benefit Plans generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the Plan Administrator at (314) 862-8000.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Barry-Wehmiller Companies or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the Plan Administrator at (314) 862-8000.

### Women's Health and Cancer Rights Notice

The Women's Health and Cancer Rights Act of 1998 ("WHCRA") provides certain protections for individuals receiving mastectomy-related benefits. Coverage will be provided in a manner determined in consultation with the attending physician and the patient for:

- All stages of reconstruction of the breast on which the mastectomy was performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses
- Treatment of physical complications of the mastectomy, including lymphedemas

The Barry-Wehmiller Welfare Benefit Plan provide(s) medical coverage for mastectomies and the related procedures listed above, subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan.

### Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov).

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.askebsa.dol.gov](http://www.askebsa.dol.gov) or call **1-866-444-EBSA (3272)**.

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2019. Contact your State for more information on eligibility.

<b>ALABAMA – Medicaid</b>	<b>LOUISIANA – Medicaid</b>
Website: <a href="http://myalhipp.com/">http://myalhipp.com/</a> Phone: 1-855-692-5447	Website: <a href="http://dhh.louisiana.gov/index.cfm/subhome/1/n/331">http://dhh.louisiana.gov/index.cfm/subhome/1/n/331</a> Phone: 1-888-695-2447
<b>ALASKA – Medicaid</b>	<b>MAINE – Medicaid</b>
The AK Health Insurance Premium Payment Program Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a> Phone: 1-866-251-4861 Email: <a href="mailto:CustomerService@MyAKHIPP.com">CustomerService@MyAKHIPP.com</a> Medicaid Eligibility: <a href="http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx">http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx</a>	Website: <a href="http://www.maine.gov/dhhs/ofi/public-assistance/index.html">http://www.maine.gov/dhhs/ofi/public-assistance/index.html</a> Phone: 1-800-442-6003 TTY: Maine relay 711
<b>ARKANSAS – Medicaid</b>	<b>MASSACHUSETTS – Medicaid and CHIP</b>
Website: <a href="http://myarhipp.com/">http://myarhipp.com/</a> Phone: 1-855-MyARHIPP (855-692-7447)	Website: <a href="http://www.mass.gov/eohhs/gov/departments/masshealth/">http://www.mass.gov/eohhs/gov/departments/masshealth/</a> Phone: 1-800-862-4840
<b>FLORIDA – Medicaid</b>	<b>MINNESOTA – Medicaid</b>
Website: <a href="http://flmedicaidtprecovery.com/hipp/">http://flmedicaidtprecovery.com/hipp/</a> Phone: 1-877-357-3268	Website: <a href="https://mn.gov/dhs/people-we-serve/seniors/health-care/health-care-programs/programs-and-services/other-insurance.jsp">https://mn.gov/dhs/people-we-serve/seniors/health-care/health-care-programs/programs-and-services/other-insurance.jsp</a> Phone: 1-800-657-3739 or 651-431-2670
<b>GEORGIA – Medicaid</b>	<b>MISSOURI – Medicaid</b>
Website: Medicaid <a href="http://www.medicaid.georgia.gov">www.medicaid.georgia.gov</a> Click on Health Insurance Premium Payment (HIPP) Phone: 404-656-4507	Website: <a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">http://www.dss.mo.gov/mhd/participants/pages/hipp.htm</a> Phone: 573-751-2005
<b>INDIANA – Medicaid</b>	<b>MONTANA – Medicaid</b>
Healthy Indiana Plan for low-income adults 19-64 Website: <a href="http://www.in.gov/fssa/hip/">http://www.in.gov/fssa/hip/</a> Phone: 1-877-438-4479 All other Medicaid Website: <a href="http://www.indianamedicaid.com">http://www.indianamedicaid.com</a> Phone: 1-800-403-0864	Website: <a href="http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP">http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a> Phone: 1-800-694-3084
<b>IOWA – Medicaid</b>	<b>NEBRASKA – Medicaid</b>
Website: <a href="http://dhs.iowa.gov/hawk-i">http://dhs.iowa.gov/hawk-i</a> Phone: 1-800-257-8563	Website: <a href="http://www.ACCESSNebraska.ne.gov">http://www.ACCESSNebraska.ne.gov</a> Phone: (855) 632-7633 Lincoln: (402) 473-7000 Omaha: (402) 595-1178
<b>KANSAS – Medicaid</b>	<b>NEVADA – Medicaid</b>
Website: <a href="http://www.kdheks.gov/hcf/">http://www.kdheks.gov/hcf/</a> Phone: 1-785-296-3512	Medicaid Website: <a href="http://dhcfp.nv.gov">http://dhcfp.nv.gov</a> Medicaid Phone: 1-800-992-0900
<b>KENTUCKY – Medicaid</b>	<b>NEW HAMPSHIRE – Medicaid</b>
Website: <a href="https://chfs.ky.gov">https://chfs.ky.gov</a> Phone: 1-800-635-2570	Website: <a href="https://www.dhhs.nh.gov/oii/hipp.htm">https://www.dhhs.nh.gov/oii/hipp.htm</a> Phone: 603-271-5218 Toll-Free: 1-800-852-3345, ext 5218

<b>NEW JERSEY – Medicaid and CHIP</b>	<b>SOUTH DAKOTA – Medicaid</b>
Medicaid Website: <a href="http://www.state.nj.us/humanservices/dmahs/clients/medicaid/">http://www.state.nj.us/humanservices/dmahs/clients/medicaid/</a> Medicaid Phone: 609-631-2392 CHIP Website: <a href="http://www.njfamilycare.org/index.html">http://www.njfamilycare.org/index.html</a> CHIP Phone: 1-800-701-0710	Website: <a href="http://dss.sd.gov">http://dss.sd.gov</a> Phone: 1-888-828-0059
<b>NEW YORK – Medicaid</b>	<b>TEXAS – Medicaid</b>
Website: <a href="https://www.health.ny.gov/health_care/medicaid/">https://www.health.ny.gov/health_care/medicaid/</a> Phone: 1-800-541-2831	Website: <a href="http://gethipptexas.com/">http://gethipptexas.com/</a> Phone: 1-800-440-0493
<b>NORTH CAROLINA – Medicaid</b>	<b>UTAH – Medicaid and CHIP</b>
Website: <a href="https://dma.ncdhhs.gov/">https://dma.ncdhhs.gov/</a> Phone: 919-855-4100	Medicaid Website: <a href="https://medicaid.utah.gov/">https://medicaid.utah.gov/</a> CHIP Website: <a href="http://health.utah.gov/chip">http://health.utah.gov/chip</a> Phone: 1-877-543-7669
<b>NORTH DAKOTA – Medicaid</b>	<b>VERMONT – Medicaid</b>
Website: <a href="http://www.nd.gov/dhs/services/medicalserv/medicaid/">http://www.nd.gov/dhs/services/medicalserv/medicaid/</a> Phone: 1-844-854-4825	Website: <a href="http://www.greenmountaincare.org/">http://www.greenmountaincare.org/</a> Phone: 1-800-250-8427
<b>OKLAHOMA – Medicaid and CHIP</b>	<b>VIRGINIA – Medicaid and CHIP</b>
Website: <a href="http://www.insureoklahoma.org">http://www.insureoklahoma.org</a> Phone: 1-888-365-3742	Medicaid Website: <a href="http://www.coverva.org/programs_premium_assistance.cfm">http://www.coverva.org/programs_premium_assistance.cfm</a> Medicaid Phone: 1-800-432-5924 CHIP Website: <a href="http://www.coverva.org/programs_premium_assistance.cfm">http://www.coverva.org/programs_premium_assistance.cfm</a> CHIP Phone: 1-855-242-8282
<b>OREGON – Medicaid and CHIP</b>	<b>WASHINGTON – Medicaid</b>
Website: <a href="http://healthcare.oregon.gov/Pages/index.aspx">http://healthcare.oregon.gov/Pages/index.aspx</a> <a href="http://www.oregonhealthcare.gov/index-es.html">http://www.oregonhealthcare.gov/index-es.html</a> Phone: 1-800-699-9075	Website: <a href="http://www.hca.wa.gov/free-or-low-cost-health-care/program-administration/premium-payment-program">http://www.hca.wa.gov/free-or-low-cost-health-care/program-administration/premium-payment-program</a> Phone: 1-800-562-3022 ext. 15473
<b>PENNSYLVANIA – Medicaid</b>	<b>WEST VIRGINIA – Medicaid</b>
Website: <a href="http://www.dhs.pa.gov/provider/medicalassistance/healthinsurancepremiumpaymenthippprogram/index.htm">http://www.dhs.pa.gov/provider/medicalassistance/healthinsurancepremiumpaymenthippprogram/index.htm</a> Phone: 1-800-692-7462	Website: <a href="http://mywvhipp.com/">http://mywvhipp.com/</a> Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
<b>RHODE ISLAND – Medicaid</b>	<b>WISCONSIN – Medicaid and CHIP</b>
Website: <a href="http://www.eohhs.ri.gov/">http://www.eohhs.ri.gov/</a> Phone: 855-697-4347	Website: <a href="https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf">https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf</a> Phone: 1-800-362-3002
<b>SOUTH CAROLINA – Medicaid</b>	<b>WYOMING – Medicaid</b>
Website: <a href="https://www.scdhhs.gov">https://www.scdhhs.gov</a> Phone: 1-888-549-0820	Website: <a href="https://health.wyo.gov/healthcarefin/medicaid/">https://health.wyo.gov/healthcarefin/medicaid/</a> Phone: 307-777-7531

To see if any other states have added a premium assistance program since January 31, 2019, or for more information on special enrollment rights, contact either:

U.S. Department of Labor  
Employee Benefits Security Administration  
[www.dol.gov/agencies/ebsa](http://www.dol.gov/agencies/ebsa)  
1-866-444-EBSA (3272)

U.S. Department of Health and Human Services  
Centers for Medicare & Medicaid Services  
[www.cms.hhs.gov](http://www.cms.hhs.gov)  
1-877-267-2323, Menu Option 4, Ext. 61565



## Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email [ebbsa.opr@dol.gov](mailto:ebbsa.opr@dol.gov) and reference the OMB Control Number 1210-0137.

## Legal Notice Regarding Barry-Wehmiller Companies, Inc. Wellbeing Programs

**The Barry-Wehmiller Companies, Inc. Wellbeing Program** is a voluntary wellbeing program available to all U.S. and Canada employees and spouses. The Wellbeing Program is administered according to federal rules permitting employer-sponsored wellbeing programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the Wellbeing Program you and your spouse (if applicable) will be asked to complete a voluntary health risk assessment or "HRA" that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete a biometric screening, which will include height, weight, blood pressure and a blood test for cholesterol, triglycerides, glucose, HbA1c and cotinine. You are not required to complete the HRA or to participate in the blood test or other medical examinations.

However, employees who choose to participate in the Wellbeing Program will receive an incentive of Vitality Points redeemable for Gift Cards and Fitness Devices. There are numerous ways to earn Vitality points and you can find the schedule and point level criteria by logging into [www.powerofvitality.com](http://www.powerofvitality.com) and navigating to Points>Points Planner. Although you are not required to complete the HRA or participate in the biometric screening, only employees who do so will receive 500-5,275 Vitality Points for an individual and 500-10,550 for associate and spouse (dependent on activities and results). Maximum incentive for all activities and outcomes is \$400 for an individual and \$800 for associate and spouse. If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting Vitality at 877-224-7117.

The information from your HRA and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you services through the Wellbeing Program, such as tobacco cessation and weight loss programs. You also are encouraged to share your results or concerns with your own doctor.

**The Barry-Wehmiller Companies, Inc. Better You Incentive (BYI) Program** is a voluntary wellbeing program available to all eligible U.S. employees and spouses enrolled in the Barry-Wehmiller Medical Plan. The BYI Program is administered according to federal rules permitting employer-sponsored wellbeing programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health

Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the BYI Program you and your spouse (if applicable) will be asked to complete an annual physical, age and gender specific preventive screenings, and to reach the Gold status or higher (i.e. reaching 6,000 Vitality Points for an individual or 9,000 Vitality points for an associate and spouse) in Vitality. You are not required to participate in the BYI in order to be eligible for medical coverage.

However, employees who choose to complete the requirements for the BYI program will receive a reduced BW medical premium of at least \$100/month for individual coverage, at least \$166/month for individual+child(ren) coverage, at least \$100/month for family coverage (if the employee OR covered spouse completes the requirements) and at least \$200/month for family coverage (if both the employee AND covered spouse complete the requirements, or if the employee with covered child(ren) and no covered spouse completes the requirements).

If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting MyQHealth at 855-576-9816.

## Protections from Disclosure of Medical Information

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellbeing programs described above and Barry-Wehmiller Companies, Inc. may use aggregate information it collects to design a program based on identified health risks in the workplace, such wellbeing programs will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellbeing programs, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellbeing programs described above will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellbeing programs described above, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in such wellbeing programs or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellbeing programs will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information are a health coach, Vitality and Quest (in the case of the Wellbeing Program), and Quantum Health in the case of the BYI Program, in order to provide you with services under the wellbeing programs.

In addition, all medical information obtained through the wellbeing program described above will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellbeing programs will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellbeing programs, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellbeing programs described above, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Director, Health & Wellbeing at 314-862-8000.

## Summary Annual Report for Barry-Wehmiller Companies Welfare Benefit Plan

This is a summary of the annual report of the Barry-Wehmiller Companies Welfare Benefit Plan (Employer Identification Number 43-0172560, Plan Number 501) for the plan year 01/01/2018 through 12/31/2018. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).



Barry-Wehmiller Companies, Inc. has committed itself to pay certain Health, Dental, and Temporary Disability claims incurred under the terms of the plan.

**Insurance Information**

The plan has insurance contracts with Combined Insurance Company of America (EyeMed Vision Care), Liberty Life Assurance Company of Boston, Cigna Health and Life Insurance Company, ComPsych Corporation, Life Insurance Company of North America, Group Health Plan, Inc. (HealthPartners), MCS Life Insurance Company, Provident Life and Accident Insurance Company, Unum Life Insurance Company of America, First Unum Life Insurance Company and National Union Fire Ins. Co. of Pittsburgh, PA to pay certain Vision, Life Insurance, Temporary Disability, Long-Term Disability, AD&D, Dental, Employee Assistance Program, Health, Evacuation, Accident, Critical Illness, and Business Travel Accident claims incurred under the terms of the plan. The total premiums paid for the plan year ending 12/31/2018 were \$5,245,230.

Because they are so called "experience-rated" contracts, the premium costs are affected by, among other things, the number and size of claims. Of the total insurance premiums paid for the plan year ending 12/31/2018, the premiums paid under such "experience-rated" contracts were \$85,545 and the total of all benefit claims paid under these experience-rated contracts during the plan year was \$47,982.

**Your Rights to Additional Information**

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- 1. Insurance information, including sales commissions paid by insurance carriers.

To obtain a copy of the full annual report, or any part thereof, write or call the plan administrator, at 8020 Forsyth Blvd., St. Louis, MO 63105-1707 and phone number, 314-862-8000.

You also have the legally protected right to examine the annual report at the main office of the plan: 8020 Forsyth Blvd., St. Louis, MO 63105-1707, and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

**FOR CLARIFICATION, ADDITIONAL INFORMATION OR TO REQUEST SPECIAL ENROLLMENT, PLEASE CONTACT CULTURE AND PEOPLE DEVELOPMENT AT 314.862.8000 OR BENEFITS@BARRY-WEHMILLER.COM.**

✂ Cut and Fold in Half



**Travel Guard®**

**Employee ID Card**  
24/7 Assistance Services

Policyholder: Barry-Wehmiller Companies, Inc., and all subsidiaries and Affiliates  
Policy Number: GTP 0009112715-B

To access your assistance website services, visit  
[aig.com/us/travelguardassistance](http://aig.com/us/travelguardassistance)  
Register with your policy number (using numerals only).

**Travel Guard® ID Card**

Toll-Free/Free Phone (within the U.S.): **1-877-244-6871**  
Collect/Reverse Charge (outside the U.S.): **+1-715-346-0859**  
Email: [assistance@aig.com](mailto:assistance@aig.com)

Contact in the event of:

- Emergencies
- Eligibility verification
- Doctor referrals
- Medical evacuations
- Assistance services
- Benefit plan contact information

[aig.com/us/travelguardassistance](http://aig.com/us/travelguardassistance)

Mail claims to:  
AIG Claims Dept. | P.O. Box 25987 | Shawnee Mission, KS 66225-5897  
[ahclaims@aig.com](mailto:ahclaims@aig.com)





