MoveSpring

## **MoveSpring Challenge Platform Enrollment Instructions**

- 1. Login to *powerofvitality.com* > hover over your name in the upper-right corner > click *Settings* > make note of your 10-character Vitality ID (you'll need this for #5).
- 2. Connect to MoveSpring:
  - App: From your device's app store, download the MoveSpring app, open it and tap *Sign up*
  - Website: Visit https://bit.ly/bwmovespring



- 3. Enter or double-check our organization's code:
  - App: Enter **2G45YXK834** > tap *Sign up*
  - Website: The code should be pre-populated. If prompted, enter **2G45YXK834** > click *Sign up*
- 4. Confirm Barry-Wehmiller as your organization.
- 5. Enter your Vitality ID, *plus*:
  - Team members must include "00" (i.e., two zeros) at the end of their Vitality IDs
  - Spouses must include "01" (i.e., zero, one) at the end of their Vitality IDs
- 6. Select if you are a team member or spouse, and your (or your spouse's) division/location.
- 7. Complete the required information:
  - Your first and last name
  - Your e-mail and a unique, secure password to create your account
  - Agree to the MoveSpring Terms of Service and Privacy Policy
- 8. Create your MoveSpring username, including your first and last name (if possible), so team members will recognize you! Select an avatar or upload a photo.
- 9. Link your fitness device (if you have one), so MoveSpring can sync your steps, miles and active minutes. Visit *help.movespring.com* and search *connect* for connection instructions if you need more help.
- 10. Join your division/location's team for the upcoming June Movement Challenge:
  - Locate the challenge (you may need to scroll down)
  - Tap or click Join a team
  - Locate your division/location, and tap or click on your team's name to view all participants
  - Join the team by tapping or clicking the *+ Join Team* button. When you return to your dashboard, you should now see your team listed!
- 11. Explore MoveSpring, and get ready to get moving June 1!

