

Biometric Screening Registration Instructions

Start at Vitality:

- Go to www.powerofvitality.com and enter your username and password.
- On the Home Page, click **Health Profile > Vitality Check**
- Under **Quick Links** click **Schedule your Vitality Check with Quest (US)**

Quest (US)

- To schedule your biometric screening at an on-site event, click **Make an Appointment**
- To schedule your screening at a Quest Patient Service Center, click **Schedule a Screening**

CRL (Canada)

- Click the link [here](#) or in the banner at the top of your Vitality home page

